



## QUESTIONS AND INSTRUMENTS

Updated 05.2017

Mandatory questions (online) are <b>bold</b> .	Questionnaires					Data SPSS		
	Baseline		Follow-up 1		Follow-up 2	Baseline		Follow-up 1
	Hard copy & online	Hard copy	Online	Hard copy	Online	userid	fu1userid	
<b>Description</b>								
User id								
<b>A) Sociodemography</b>								
Current professional situation – standard question from Swiss Health Survey	A1	A5	A1	A6	A1	a1_1 to a1_17	fu1a1_1 to fu1a1_19	fu2a1_1 to fu2a1_19
Highest achieved education – standard question from Swiss Health Survey	A2	A6	A2	A7	A2	a2	fu1a2	fu2a2
<b>Birthday</b>	<b>A3</b>	<b>A7</b>	<b>A3</b>	<b>A9</b>	<b>A3</b>	a3a	fu1a3a	fu2a3a
<b>Birthmonth</b>	<b>A3</b>	<b>A7</b>	<b>A3</b>	<b>A9</b>	<b>A3</b>	a3b	fu1a3b	fu2a3b
<b>Birthyear</b>	<b>A3</b>	<b>A7</b>	<b>A3</b>	<b>A9</b>	<b>A3</b>	a3c	fu1a3c	fu2a3c
<b>Age</b>	<b>A3</b>	<b>A7</b>	<b>A3</b>	-	-	a3d	fu1a3d	-
Postal Code of community	A4	A8	A4	A10	A4	a4	fu1a4, fu1a4a	fu2a4, fu2a4_a
Housing situation – own development	A5	A9	A5	A11	A5	a5	fu1a5	fu2a5
Financial independance – own development	A6	A10	A6	A12	A6	a6	fu1a6	fu2a6
Civil status – standard question from Swiss Health Survey	A7	A11	A7	A13	A7	a7	fu1a7	fu2a7
Number of children	A8	A12	A8	A14	A8	a8	fu1a8	fu2a8
Living with children	-	-	-	A15	A23	-	-	fu2a23
Pregnancy of partner	A9	A13	A9	A16	A9	a9	fu1a9	fu2a9
Number of Siblings	A10	-	-	-	-	a10a, a10b	-	-
Religion – Standard from Federal Population Survey Suisse	A11	-	-	-	-	a11	-	-
Spirituality – from: Religious Practices and Beliefs (RPB 2), ref.: <a href="http://casaa.unm.edu/inst/Religious%20Practices%20and%20Beliefs.pdf">http://casaa.unm.edu/inst/Religious%20Practices%20and%20Beliefs.pdf</a>	A12	-	-	-	-	a12	-	-
Current employment status.– standard question adapted from Swiss Labour Force Survey and Swiss Health Survey	-	A1 to A3	A13 to A15	A1 to A3	A13 to A15	-	fu1a13 to fu1a15	fu2a13 to fu2a15
Current job	-	-	-	A4	A21	-	-	fu2a21
Job satisfaction six items of the GJS (Macdonald & MacIntyre, 1997)	-	A4	A16	A5	A16	-	fu1a161 to fu1a166	fu2a161 to fu2a166
Satisfaction with life (Diener, Emmons, Larsen, & Griffin, 1985)	-	A14	A17	I3	A17	-	fu1a171 to fu1a175	fu2a171 to fu2a175
Army service status adapted from army	-	A15 to A17	A18 to A20	-	-	-	fu1a18 to fu1a20	-
Bergen Work addiction scale Andreassen et al. 2012	-	-	-	A8	A22	-	-	fu2a221 to fu2a227
<b>B) Health</b>	<b>Baseline</b>	<b>Follow-up 1</b>		<b>Follow-up 2</b>		<b>Baseline</b>	<b>Follow-up 1</b>	<b>Follow-up 2</b>
Height	B1	B1	B1	B1	B1	b1	fu1b1	fu2b1
Weight	B2	B2	B2	B2	B2	b2	fu1b2	fu2b2
Physical and mental health, instrument: SF-12 (Ware, Kosinski, & Keller, 1995)	B3 to B9	B3 to B9	B3 to B9	B3 to B9	B3 to B9	b3 to b9	fu1b3 to fu1b9	fu2b3 to fu2b9
Consequences without mentioning of explicit substance involvement: consequences from standard instruments:								
ESPAD; (European School Survey Project on Alcohol and Drugs, see: <a href="http://www.espad.org/">http://www.espad.org/</a> )	B10	B10	B10	B25	B10	b101 to b1010	fu1b101 to fu1b1010	fu2b101 to fu2b109
Wechsler-Surveys (e.g., Wechsler, Davenport, Dowdall, Moeykens, & Castillo, 1994)	B10	B10	B10	B25	B10	b1011 to b1013	fu1b1011 to fu1b1013	fu2b1011 and fu2b1013
Semi-Structured Assessment for the Genetics of Alcoholism (SSAGA II; Bucholz et al., 1994; Hesselbrock, Easton, Bucholz, Schuckit, & Hesselbrock, 1999)	B10	B10	B10	B25	B10	b1014 to b1017	fu1b1014 to fu1b1017	fu2b1014 to fu2b1017
Traumatic Brain Injury question adapted from Ilie et al., 2014	-	-	-	B10	B22	-	-	fu2b22
Major depressive (ICD-10) Inventory- WHO-MDI e.g., <a href="http://www.who-5.org">http://www.who-5.org</a> (Bech, Rasmussen, Olsen, Noerholm, & Abildgaard, 2001; Olsen, Jensen, Noerholm, Martiny, & Bech, 2003)	B11	B11	B11	B11	B11	b111 to b112	fu1b111 to fu1b112	fu2b111 to fu2b112
International physical activity questionnaire short version (IPAQ; shortened for "sitting"), e.g., <a href="https://sites.google.com/site/theipaq/">https://sites.google.com/site/theipaq/</a> (e.g., Craig et al., 2003)	B12 to B17	-	-	-	-	b12 to b17	-	-
Posttraumatic diagnostic scale adapted and shortened (Foa, 1995; Foa, Cashman, Jaycox, & Perry, 1997). French version: own translation, German version by Ehlers (Ehlers, Steil, Winter, & Foa, 1996).	B12 to B15	B18 to B21	-	-	-	-	fu1b181 to fu1b217	-
Baecke Physical Activity Questionnaire adapted from Baecke et al. 1982 and Vol et al. 2011	-	-	-	B23 to B26 B14, B16 B25, B26 to B17, B19 to B27c, B21 B29 to B31	-	-	-	fu2b23 to fu2b25, fu2b26 to fu2b27c, fu2b291 to fu2b31
Exercise Addiction Inventory, Terry et al. 2004	-	-	-	B18	B28	-	-	fu2b281 to fu2b286
ADHD consultation and medication (from Meichun)	-	-	-	B22 to B24	B32 to B34	-	-	fu2b32 to fu2b34

	Questionnaires					Data SPSS				
	Baseline		Follow-up 1		Follow-up 2	Baseline		Follow-up 1	Follow-up 2	
	Hard copy & online	Hard copy	Online	Hard copy	Online	Hard c. & online	Hard copy	Online	Hard copy	
<b>C) Social Context</b>	Baseline		Follow-up 1		Follow-up 2		Baseline		Follow-up 1	
Parental Situation (biological parents; adoption, etc): Adapted Version from AUDADIS IV (Grant et al., 2003)	C1, C2		-		-		c1 to c2age		-	
Education of parents – question adopted from ESPAD	C3		-		-		c31, c32		-	
Financial Situation of parents – question from ESPAD (being well off compared to others)	C4		-		-		c4		-	
Relationships with parents before age of 18 – questions from ESPAD	C5		-		-		c51 to c53		-	
Parental rule setting at age 15 – questions from ESPAD	C6		-		-		c61 to c68		-	
Parental attitudes and values (see also Wood, Read, Mitchell, & Brand, 2004, for other parental items above)	C7, C8		-		-		c71 to c86		-	
Family history of psychiatric, alcohol or drug problems – WHO Assist project: <a href="http://www.who.int/substance_abuse/activities/assist_technicalreport_phase2_final.pdf">http://www.who.int/substance_abuse/activities/assist_technicalreport_phase2_final.pdf</a> page: 98, probably influenced by family history from ASI (McLellan et al., 1985).	C9		-		-		c91_1 to c928_4		-	
Peer history of psychiatric, alcohol or drug problems – adopted following C9 for peers.	C10	C4	C10	C4	C10		c101 to c103	fu1c101 to fu1c103	fu2c101 to fu2c103	
Neighborhood social cohesion (Stafford et al., 2004; Stafford et al., 2003, FU2 only the 9-item brief version from Dupuis et al. 2015)	-	C1	C11	C1	C11	-		fu1c111 to fu1c116	fu2c111, fu2c113, fu2c114, fu2c118, fu2c119, fu2c1110, fu2c1112, fu2c1113, fu2c1114	
Perceived social support, Friends and significant other (Canty-Mitchell & Zimet, 2000)	-	C2	C12	-		-		fu1c121 to fu1c128	-	
Prosocialness (Caprara, Steca, Zelli, & Capanna, 2005), Only the most relevant items after psychometric testing were used	-	C3	C13	-		-		fu1c131 to fu1c137	-	
Size of social network and size of cultural, recreational and leisure groups/organizations (adapted from Wang et al. 2014 PSCS-8)	-	-	-	C2	c14	-	-		fu2c141 to fu2c142	
Perceived social capital, Bridging and Bonding (adapted from Chang et al. 2012 only the five items with the highest loadings and most relevant selected)	-	-	-	C3	C15	-	-		fu2c151 to fu2c1510	
<b>D) Alcohol</b>	Baseline		Follow-up 1		Follow-up 2		Baseline		Follow-up 1	
	Hard c. & online	Hard copy	Online	Hard copy	Online					
Normative drinking – standard descriptive norms as described by Miller and Prentice (1996)	D1	D1	D1	D1	D1	d1	fu1d1	fu2d1		
Age of onset drinking – standard question e.g. ESPAD	D2	-	-	-	-	d2	-	-		
Friends alcohol use (Loeber, Farrington, Stouthamer-Loeber, & van Kammen, 1998)	-	D2	D22	D2	D22	-	fu1d22	fu2d22		
Age of onset drunkenness - standard question e.g. ESPAD	D3	-	-	-	-	d3	-	-		
Filter for lifetime abstainers	D4	-	-	-	-	d4	-	-		
Effects first time drinking - Self-rating of the effects of alcohol (SRE; Schuckit et al., 2007)	D5	-	-	-	-	d51 to d54	-	-		
<b>Filter for former drinkers</b>	<b>D6</b>	D3	D6	D3	D6	d6	fu1d6	fu2d6		
Alcohol: usual frequency	D7	D4	D7	D4	D7	d7	fu1d7	fu2d7		
Alcohol: usual quantity	D8	D5	D8	D5	D8	d8	fu1d8	fu2d8		
Alcohol: binge drinking; Alcohol Used Disorder Identification Test , question 3 (AUDIT; Saunders, Aasland, Babor, De La Fuente, & Grant, 1993)	D9	D6	D9	D6	D9	d9	fu1d9	fu2d9		
Alcohol: maximum quantity – standard question in many alcohol surveys worldwide	D10	D7	D10	D7	D10	d10	fu1d10	fu2d10		
Alcohol: frequency 12 months weekends (extended quantity-frequency)	D11	D8	D11	D8	D11	d11	fu1d11	fu2d11		
Alcohol: quantity 12 months weekends (extended quantity-frequency)	D12	D9	D12	D9	D12	d12	fu1d12	fu2d12		
Alcohol: frequency 12 months weekdays (extended quantity frequency)	D13	D10	D13	D10	D13	d13	fu1d13	fu2d13		
Alcohol: quantity 12 months weekdays weekends (extended quantity frequency)	D14	D11	D14	D11	D14	d14	fu1d14	fu2d14		
Frequency of drinking in different locations (New Zealand National Alcohol Tracking Survey 2000: <a href="http://www.apphru.ac.nz/projects/alcohol%202000%20appendices.htm">http://www.apphru.ac.nz/projects/alcohol%202000%20appendices.htm</a> )	D15	D12	D15	-	-	d151 to d1511	fu1d151 to fu1d1511	-		
Quantity in different locations (New Zealand National Alcohol Tracking Survey 2000: <a href="http://www.apphru.ac.nz/projects/alcohol%202000%20appendices.htm">http://www.apphru.ac.nz/projects/alcohol%202000%20appendices.htm</a> )	D16	D13	D16	-	-	d161 to d1611	fu1d161 to fu1d1611	-		
Retrospective drinking diary – standard 7 day drinking diary.	D17	D14	D17	-	-	d17a1 to d17h7	fu1d17a1 to fu1d17h7	-		
Simulated alcohol purchase task (Murphy & MacKillop, 2006)	-	D15	D23	D12	D23	-	fu1d231 to fu1d2311	fu2d231 to fu2d2311		

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	Baseline		Follow-up 1		Follow-up 2	Baseline		Follow-up 1	Follow-up 2
	Hard copy & online	Hard copy	Online	Hard copy	Online	Hard c. & online	Hard copy	Online	Hard c. & online
<b>D) Alcohol (continued)</b>	<b>Baseline</b>		<b>Follow-up 1</b>		<b>Follow-up 2</b>		<b>Baseline</b>	<b>Follow-up 1</b>	<b>Follow-up 2</b>
Alcohol use consequences - Harvard School of Public Health College Alcohol Study (CAS; Knight et al., 2002; Wechsler et al., 1994)	D18		D16		D18		d181 to d189	fu1d181 to fu1d189	fu2d181 to fu2d189
Alcohol Dependence/ Abuse criteria- Harvard School of Public Health College Alcohol Study (CAS; Knight et al., 2002; Wechsler et al., 1994) DSM IV and DSM-V (craving) criteria as in Audadis, SSAGA, M.I.N.I or CIDI	D19		D17		D19		d191 to d192	fu1d191 to fu1d192	fu2d191 to fu2d192
Drinking motives Questionnaire Revised Short Form (DMQ-R SF; Kuntsche & Kuntsche, 2009)	D20		D18		D20		d201 to d202	fu1d201 to fu1d214	fu2d201 to fu2d214
Simultaneous use of Alcohol and other drugs – own development	D21		D19		D21		d211 to d214	fu1d211 to fu1d214	-
Adaptation of the Drug Effects Questionnaire (Morean et al. 2013) and the anticipated Brief Biphasic Alcohol Effects Scale (Rueger and King 2013) Proposed by Andrea King	-		-		D13		-	-	fu2d241 to fu2d2412
Protective Behavioral Strategies Scale-20 (Treloar et al. 2015, proposed by Véronique Grazioli)	-		-		D17		-	-	fu2d251 to fu2d2520
<b>E) Tobacco</b>	<b>Baseline</b>		<b>Follow-up 1</b>		<b>Follow-up 2</b>		<b>Baseline</b>	<b>Follow-up 1</b>	<b>Follow-up 2</b>
Normative tobacco use – standard descriptive norms as described by Miller and Prentice (1996)	E1		E1		E1		e1	fu1e1	fu2e1
Ever use of different tobacco products – filter question	E2		-		-		e2_1 to e2_9	-	-
Friends tobacco use (Loeber et al., 1998)	-		E2		E46		-	fu1e46	fu2e46
<b>Effects during first use experience questions as used by e.g., DiFranza et al. (2004).</b>	<b>E3</b>		-		-		e3n to e310	-	-
<b>Onset of cigarette use - standard question e.g. ESPAD</b>	<b>E4</b>		-		-		e4	-	-
Onset of daily cigarette use - standard question e.g. ESPAD	E5		-		-		e5	-	-
<b>Past 12 months use of cigarettes</b>	<b>E6</b>		E3		<b>E6</b>		e6	fu1e6	fu2e6
Past 12 months frequency of cigarette use	E7		E4		E7		e7	fu1e7	fu2e7
Past 30 days frequency of cigarette use	-		-		E5		-	-	fu2e54
Quantity of cigarettes use	E8		E5		E8		e8	fu1e8	fu2e8
Number of attempts to stop smoking, questions from Tobacco monitoring Switzerland	-		E6		E47		-	fu1e47	fu2e47
Duration of the longest and latest attempts to stop smoking, questions from Tobacco monitoring Switzerland	-		E7		E48		fu1e48 to fu1e49	-	-
Past 12 months E-cigarette use, own development	-		to E8		to E49		-	fu1e49	-
Past 12 months frequency of use of e-cigarette	-		E9		E50		-	fu1e50	fu2e50
Quantity of e-cigarette use	-		E10		E9		-	fu1e51	fu2e51
Past 30 days frequency of use of e-cigarette	-		-		E10		-	-	fu2e55
Quantity of e-cigarette use	-		-		E11		-	-	fu2e56
Type of e-cigarette from tobacco monitoring Switzerland	-		-		-		E12 to E13	E57 to E58	-
Type of e-liquid used from tobacco monitoring Switzerland	-		-		-		-	-	fu2e59
Smoking status before e-cigarette use, own development	-		-		E15		-	-	fu2e60
Reasons to use e-cigarettes, from tobacco monitoring Switzerland, adapted and enhanced	-		-		-		-	-	fu2e611 to fu26112
e4 to e8 is repeated for smoking products and for smokeless tobacco-products	-		-		-		-	-	-
<b>Water pipes</b>	<b>E9, E10, E11,</b>		<b>E12, E13</b>		-		<b>e9 to e13</b>	-	-
<b>Snus</b>	<b>E14, E15,</b>		<b>E16, E17,</b>		-		<b>e14 to e18</b>	-	-
<b>Snuff</b>	<b>E19, E20,</b>		<b>E21, E23</b>		-		<b>e19 to e23</b>	-	-
<b>Chewing tobacco</b>	<b>E24, E25,</b>		<b>E26, E27,</b>		<b>E28</b>		<b>e24 to e28</b>	-	-
<b>Cigars/cigarillos</b>	<b>E29, E30,</b>		<b>E31, E32,</b>		<b>E33</b>		<b>e29 to e33a</b>	-	-
<b>Pipes</b>	<b>E34, E35,</b>		<b>E36, E37,</b>		<b>E38</b>		<b>e34a to e38a</b>	-	-
Frequency of use of other smoking products and smokeless tobacco products	-		E12		E53		-	fu1e531 to fu1e536	heat not burn tobacco added in FU2
<b>Filter for tobacco use in the past 12 months</b>	<b>E39</b>		E13		<b>E39</b>		e39a	fu1e39	fu2e39
Fagerström Test for Nicotine Dependence (FTND; Heatherton, Kozlowski, Frecker, & Fagerstrom, 1991)	E40 to E44		E14 to E18		E40 to E44		e40 to e44	fu1e40 to fu1e44	fu2e40 to fu2e44
Simultaneous use – own development	E45		E19		E45		e451 to e454	fu1e451 to fu1e454	-

	Questionnaires					Data SPSS			
	Baseline		Follow-up 1		Follow-up 2	Baseline		Follow-up 1	Follow-up 2
	Hard copy & online	Hard copy	Online	Hard copy	Online	Hard c. & online	Hard copy	Online	Hard copy
<b>F) Cannabis</b>	<b>Baseline</b>		<b>Follow-up 1</b>		<b>Follow-up 2</b>	<b>Baseline</b>		<b>Follow-up 1</b>	<b>Follow-up 2</b>
Normative cannabis use – standard descriptive norms as described by Miller and Prentice (1996)	F1		F1		F1	f1		fu1f1	fu2f1
Ever use	F2		-		-	f2		-	-
Effects of first use - original from Fergusson, Horwood, Lynskey and Madden (2003), French version in the SAGE study (Susceptibilité à l'alcool : génétique et environnement; Le Strat et al., 2009)	F3		-		-	f31 to f38		-	-
Age of onset of use	F4		-		-	f4		-	-
Age of onset of stoned	F5		-		-	f5		-	-
Friends cannabis use (Loeber et al., 1998)	F2		F17		F2	f1		fu1f17	fu2f17
<b>Cannabis Use Disorder Identification Test (CUDIT; Adamson &amp; Sellman, 2003)</b>	<b>Baseline</b> F6 to F12		<b>Follow-up 1</b> F3 to F9		<b>Follow-up 2</b> F6 to F8, F10 to F12, F9 to F13, F12	<b>Baseline</b> f6 to f12		fu1f6 to fu1f12	fu2f6 to fu2f8, fu291 to fu2f12
Last two questions revised version of CUDIT (Annaheim, Scotto, & Gmel, 2010)	F9		F6		F9	f97, f98		fu1f97, fu1f98	fu297, fu298
Revised version of CUDIT (Annaheim et al., 2010)	F10		F7		F10	f10		fu1f10	fu2f10
e-toke, San Diego University, used in the ATOMIC Study in Switzerland, here shortened version	F13		F10		F13	f131 to f137		fu1f131 to fu1f137	-
Frequency of driving under the influence of cannabis in the past 4 hours - effect duration approximately from Harder and Rietbrock (1997)	F14		F11		F14	f14		fu1f14	-
Route of administration cannabis, self developed	F15		-		F6	f151 to f156		-	fu2f151 to fu2f155, other mode of administration not included in FU2
Simultaneous use – own development	F16		F12		F16	f161 to f164		fu1f161 to fu1f164	-
Use of cannabis products in e-cigarette	-		-		F7	f1		-	fu2f18
Frequency of use of cannabis products in e-cigarette	-		-		F8	f1		-	fu2f19
Cannabis products used in e-cigarette, from Etter, 2015	-		-		F9	f1		-	fu2f201 to fu2f204
<b>G) Other illicit drugs</b>	<b>Baseline</b> Hard c. & online		<b>Follow-up 1</b> Hard copy		<b>Follow-up 2</b> Online	<b>Baseline</b>		<b>Follow-up 1</b>	<b>Follow-up 2</b>
Normative use - standard descriptive norms as described by Miller and Prentice (1996)	G1		G1		G2	g1		fu1g1	fu2g1
<b>Prevalence lifetime use Standards for reporting from European Monitoring Center for Drugs and Drug Addiction (EMCDDA)</b>	<b>Baseline</b> G2		<b>Follow-up 1</b> -		<b>Follow-up 2</b> -	g21 to g215		-	-
Friends illicit drugs use (Loeber et al., 1998)	-		G2		G5	-		fu1g5	fu2g5
<b>12 Months prevalence Standards for reporting from European Monitoring Center for Drugs and Drug Addiction (EMCDDA)</b>	<b>Baseline</b> G3		<b>Follow-up 1</b> G3		<b>Follow-up 2</b> G3	g31 to g315		fu1g31 to fu1g315	-
<b>12 Months prevalence Standards for reporting from European Monitoring Center for Drugs and Drug Addiction (EMCDDA) G3 adapted and enhanced in FU2 following Ansgar's suggestions</b>	-		-		<b>Follow-up 1</b> G1	G6		-	fu2g61_a to fu2g61_a, fu2g611_a to fu2g618_a
<b>Mode of administration of other illicit drugs proposed by Stéphanie Baggio</b>	-		-		<b>Follow-up 1</b> G1	G6		-	fu2g61_b1 to fu2g610_b6, fu2g611_b1 to fu2g618_b6
<b>Altered states of consciousness under the influence of drugs (Dittrich, 1998, only some items selected by Ansgar Rougemont)</b>	-		-		<b>Follow-up 1</b> G4 to G6 G7 to G9	-		-	fu2g71 to fu2g9
30 days prevalence Standards for reporting from European Monitoring Center for Drugs and Drug Addiction (EMCDDA)	G4		-		<b>Follow-up 1</b> -	-		g41 to g415	-
<b>H) Prescribed drugs</b>	<b>Baseline</b> Hard c. & online		<b>Follow-up 1</b> Hard copy		<b>Follow-up 2</b> Online	<b>Baseline</b>		<b>Follow-up 1</b>	<b>Follow-up 2</b>
Drugs used, 12 months prevalence and frequencies	H1		H1		H1	h11 to h16		fu1h11 to fu1h16	fu2h11 to fu2h16
<b>prevalence and frequency of smart drug use; intended effects</b>	<b>Baseline</b> H2		<b>Follow-up 1</b> -		<b>Follow-up 2</b> -	h21 to h25		-	-
Types of smart drugs used (pharmaceutical names)	H3		-		<b>Follow-up 1</b> -	h3_1 to h3_8		-	-
Frequency of use of smart drugs	-		-		<b>Follow-up 1</b> H2	H5		-	fu2h51 to fu2h57
Reasons to use each smart drug	-		-		<b>Follow-up 1</b> H3	H6		-	fu2h6a_1 to fu2h6g_9
Anabolic steroid prevalence	H4		H2		H4	H4		h4	fu1h4
<b>I) Substance combination</b>	<b>Baseline</b> Hard c. & online		<b>Follow-up 1</b> Hard copy		<b>Follow-up 2</b> Online	<b>Baseline</b>		<b>Follow-up 1</b>	<b>Follow-up 2</b>
Usual combined substances at weekends: 12 months prevalence	I1		I1		I1	i1_1 to i1_25		fu1i1_1 to fu1i1_25	-
Maximum combined substances in last 12 months	I2		I2		I2	i2_1 to i2_25		fu1i2_1 to fu1i2_25	-

	Questionnaires					Data SPSS			
	Baseline		Follow-up 1		Follow-up 2	Baseline		Follow-up 1	Follow-up 2
	Hard copy & online	Hard copy	Online	Hard copy	Online	Hard c. & online	Hard copy	Online	Hard copy
<b>J) Personality and leisure time activities</b>	<b>Baseline</b>		<b>Follow-up 1</b>		<b>Follow-up 2</b>	<b>Baseline</b>		<b>Follow-up 1</b>	<b>Follow-up 2</b>
Attention deficit syndrome Adult ADHD Self-Report Scale, 6 items screener version (ASRS-v1.1; Kessler et al., 2005)	J1	-	-	I1	J1	j11 to j16	-	fu2j11 to fu2j16	
Brief sensation seeking scale (BSSS; Hoyle, Stephenson, Palmgreen, Lorch, & Donohew, 2002)	J2	-	-	I2	J2	j21 to j28	-	fu2j21 to fu2j28	
Satisfaction with life (Diener, Emmons, Larsen, & Griffin, 1985)	-	A14	A17	I3	A17	-	fu1a171 to fu1a175	fu2a171 to fu2a175	
Zuckerman-Kuhlmann Personality scale, 3 Subscales: a) Aggression/Hostility; b) Sociability; c) Neuroticism/Anxiety (ZKPO-50-cc; Aluja et al., 2006)	J3	-	-	I10	J3	j31 to j330	-	fu2j31 to fu2j330	
Mood Disorder Questionnaire (MDQ; Hirschfeld, 2000; french version adapted from Weber Rouget et al., 2005)	-	-	-	I5 to I7	J19	-	-	fu2j171 to fu2j19	
Mclean Screening Instrument for Borderline Personality Disorder (MSI-BPD; Zanarini et al., 2003; Melartin et al., 2009), suicide attempt item moved fu2k19a-c	-	-	-	I8	J20	-	-	fu2j201 to fu2j2010	
Clinically Useful Social Anxiety Disorder Outcome Scale (CUSADOS; Dalrymple et al., 2013)	-	-	-	I9	J21	-	-	fu2j211 to fu2j2112	
Perceived Stress Scale 10 (PSS10; Cohen and Williamson, 1988, french version adapted from Bruchon-Schweitzer and Bujut, 2014, German version adapted from Prof. Dr. Arndt Büsing, University of Witten/Herdecke <a href="http://www.psy.cmu.edu/~scohen/German_PSS_10.doc">http://www.psy.cmu.edu/~scohen/German_PSS_10.doc</a> )	-	-	-	I11	J22	-	-	ju2j221 to fu2j2210	
Frequency of online, offline and smartphone gaming (questions similar to J4 in BL and FU1)	-	-	-	I12	J23	-	-	fu2j231 to fu2j233	
Behavioral inhibition, behavioral activation, the BIS/BAS scale (Carver & White, 1994). French version adapted from Caci et al. (Caci, Deschaux, & Baylé, 2007). German version adapted from Strobel et al. (Strobel, Beauducel, Debenet, & Brocke, 2001). Shortened version, Studer et al. (2016)	-	J1	J12	-	-	-	fu1j121 to fu1j1220	-	
Inventory of the dimensions of emerging adulthood (IDEA) <a href="http://courses.ttu.edu/hdfs3317-reifman/IDEA.htm">http://courses.ttu.edu/hdfs3317-reifman/IDEA.htm</a> (Reifman, Arnett, & Colwell, 2007). *In FU2, only 8 items of the short form IDEA-8 (Baggio et al., 2015)	-	J2	J13	I4	J13	-	fu1j131 to fu1j1331	fu2j131 to fu2j1330*	
Intelligence, Trapnell's smart scale (Trapnell, 1994)	-	J3	J14	-	-	-	fu1j141 to fu1j144	-	
Leisure time activity from ESPAD item on sport	-	J4	J4	B15	J4	-	fu1j41	fu2j41	
Leisure time activity from ESPAD	J4	J4	J4	-	-	j41 to j49	fu1j41 to fu1j49	-	
Peer Pressure Inventory (PPI; Brown, Clasen, & Eicher, 1986), shortened, (Baggio et al. 20013). Only scales for C = peer conformity; P = peer involvement; M = misconduct ; and only the six items with highest loadings	J5	J5	J5	-	-	j51 to j517	fu1j51 to fu1j517	-	
7 items Game Addiction Scale (Lemmens, Valkenburg, & Peter, 2009), adapted to cover gaming and internet use simultaneously	J6	J6	J6	I13	J6	j61 to j67	fu1j61 to fu1j67	fu2j61 to fu2j67 (reference to internet removed in FU2)	
Use of internet during free time	-	-	-	I14	J24	-	-	fu2j24_n	
Frequency and quantity of internet use	-	-	-	I15 to I16	J25 to J26	-	-	fu2j25_n to fu2j26_b	
Activities on the Internet from sucht monitoring 2013. Item for use of gaming console removed. Item for use of Internet porn moved to J8 (fu2k16)	-	-	-	I17	J27	-	-	fu2j271 to fu2j277	
Compulsive Internet Use Scale (CIUS; Meerkerk et al., 2009; translation form sucht monitoring)	-	-	-	I18	J28	-	-	fu2j281 to fu2j2814	
Possession of a smartphone	-	-	-	I19	J29	-	-	fu2j29	
Smartphone: 12-month use	-	-	-	I20	J30	-	-	fu2j30a, fu2j30b	
The Smartphone Addiction Scale (SAS; Kwon et al., 2014; german translation: Haug et al., 2015)	-	-	-	I21	J31	-	-	fu2j31_1 to fu2j31_10	
Gambling behaviors: 12 months prevalence from largest scale survey in Switzerland, the Swiss Health Survey	J7	J7	J7	I22	J7	j71 to j77	fu1j71 to fu1j77	fu2j71 to fu2j77	
Use of internet gambling (adapted from baromètre santé 2014 <a href="http://inpes.santepubliquefrance.fr/Barometres/barometre-sante-2014/pdf/Questionnaire2014_A4_BARO.pdf">http://inpes.santepubliquefrance.fr/Barometres/barometre-sante-2014/pdf/Questionnaire2014_A4_BARO.pdf</a> )	-	-	-	I23	J32	-	-	fu2j32_n	
<b>Self-reported problem gambling, self-developed item</b>	J8	J8	<b>J8</b>	<b>I24</b>	<b>J8</b>	j8	fu1j8	fu2j8	
Money spent monthly on gambling, from largest scale survey in Switzerland, the Swiss Health Survey	J9	J9	J9	I25	J9	j9	fu1j9	fu2j9	
Anti-social Personality Disorder ASPD from (Lecrubier et al., 1998), also used with ASSIST-WHO	J10, J11	-	-	I27	J11	j101 to j116	-	jfu2j111 to fu2j116 in FU2 question adapted for 20 yo	
DSM-IV Pathological Gambling Diagnostic Form, Adapted from the American Psychiatric Association Diagnostic Criteria from the DSM IV 1994 <a href="http://www.oasas.ny.gov/gambling/documents/822dsdmivforweb.pdf">http://www.oasas.ny.gov/gambling/documents/822dsdmivforweb.pdf</a>	-	J10	J15	I26	J33	-	fu1j151 to fu1j1510	fu2j331 to fu2j3310	
Brief COPE (Carver, 1997), French version (Muller & Spitz, 2003). Shortened, only Active coping, self distraction, planning, use of instrumental support, use of emotional support, denial, behavioral disengagement and self-blame subscales were included	-	J11	J16	I28	J16	-	fu1j161 to fu1j1616	fu2j161 to fu2j1616	

Description	Questionnaires						Data SPSS					
	Baseline		Follow-up 1		Follow-up 2		Baseline		Follow-up 1		Follow-up 2	
	Hard copy & online	Hard copy	Online	Hard copy	Online	Hard c. & online	Hard copy	Online	Hard copy	Online	Hard copy	Online
K) Sexuality												
Sexual preferences	K1	K1	K1	J1	K1	k1	fu1k1	fu2k1				
<b>Prevalence of completed sexual intercourse</b>	<b>K2</b>	K2	<b>K2</b>	<b>J2</b>	<b>K2</b>	k2	fu1k2	fu2k2				
Age of first sexual intercourse	K3	K3	K3	-	-	k3	fu1k3	-				
Number of sexual partners in the past 12 months	K4	K4	K4	J3	K4	k4	fu1k4	fu2k4				
Erectile Dysfunction, from International Index of erectile function (IIEF-5; Rosen, Cappelleri, Smith, Lipsky, & Pena, 1999)	K5 to K9	K5 to K9	K5 to K9	-	-	k5 to k9	fu1k5 to fu1k9	-				
Premature ejaculation: 6 months prevalence, two items from Premature Ejaculation Prevalence and Attitude survey (PEPA; Porst et al., 2007)	K10, K11	K10, K11	K10, K11	-	-	k10, k11	fu1k10, fu1k11	-				
Pubertal timing	-	-	-	J4, J5	K12, K13	-	-	-	fu2k12, fu2k13			
Use of Internet pornography	-	-	-	J6	K14	-	-	-	fu2k14			
Frequency and quantity of internet porn use	-	-	-	J7, J8	K15, K16	-	-	-	fu2k15, fu2k16			
Online sexual compulsivity from Internet Sex Screening Test (ISST; Delmonico and Miller, 2003)	-	-	-	J9	K17	-	-	-	fu2k171 to fu2k176			
Suicidal ideation, age of first suicidal ideation, most recent suicidal ideation, from Self-Injurious Thoughts and Behaviours Interview (SITBI; Nock et al., 2007)	-	-	-	J10	K18	-	-	-	fu2k18a to fu2k18			
Suicide attempts, age of first suicide attempt, most recent suicide attempt, from SITBI (Nock et al., 2007)	-	-	-	J11	K19	-	-	-	fu2k19a to fu2k19c			
Method used for most recent suicide attempt from SITBI (Nock et al., 2007)	-	-	-	J12	K20	-	-	-	fu2k201 to fu2k2018			
Most recent suicide attempt, planning, adapted by C. Bagge from Conner et al. (2007)	-	-	-	J13	K21	-	-	-	fu2k21			
Most recent suicide attempt, ideation, adapted by C. Bagge from Conner et al. (2007)	-	-	-	J14	K22	-	-	-	fu2k22			
Impulsive suicide attempt from C. Bagge	-	-	-	J15	K23	-	-	-	fu2k23			
Substance used during the 6 hours prior the most recent suicide attempt from C. Bagge	-	-	-	J16	K24	-	-	-	fu2k241 to fu2k2410			
Suicidal facilitative substance use scale adapted from Bagge et al. (2015)	-	-	-	J17	K25	-	-	-	fu2k251 to fu2k255			
Self-measured digit ratio (D2:4D) from Manning et al. (2007)	-	-	-	J18	K25	-	-	-	fu2k25a to fu2k25d			



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