

Sex/Gender in Healthcare: Experiences and Challenges

Dear Participant,

Thank you for your interest in participating in our project on improving medical records for (de-)trans, non-binary and intersex individuals (DTNBI) in Switzerland.

Our project aims to develop standardized and inclusive guidelines for documenting sex, gender identity, and related information in medical records. Current systems often lack the nuance needed, leading to misgendering and potential care issues for many individuals. We want to create respectful and easy-to-understand guidelines on what information should be collected and who should have access to it.

This survey explores the current practices of sex and gender documentation in Swiss medical records and seeks to understand your healthcare usage and experiences within the Swiss healthcare system. We are particularly interested in the challenges and opportunities for making these records and your overall healthcare experiences more inclusive for all individuals with diverse experiences of sex and gender. Your insights on current difficulties and potential solutions are crucial.

This survey will take approximately 30 minutes to complete.

Your feedback will help us develop recommendations for equitable and non-discriminatory policies, ultimately improving care delivery, ensuring accurate data collection, and fostering a more inclusive healthcare environment that respects individual identities and experiences.

If you have any questions, please contact us by email at gender-reach@unisante.ch.

Thank you for your valuable contribution.

Sincerely,

Sylvan Berrut & Laura D. Perler (research associates, Unisanté), Delphine Courvoisier (project co-lead, HUG), and Chantal Arditi (project lead, Unisanté)

Declaration of Consent

Please read the following information carefully before deciding whether to participate in this survey.

By choosing the option "I agree" below, you declare that you:

- Have been informed about the objectives and procedure of this survey regarding the documentation of sex, gender identity, and healthcare experiences with medical records.
- Have received satisfactory answers to any questions you may have had regarding your participation.
- Are voluntarily participating in this research project and agree to answer the survey questions.
- Have had sufficient time to consider your decision.
- Understand that the data you provide in this questionnaire will be stored and analyzed in an anonymized form for the purpose of this research project.
- Are aware that you can revoke your consent to participate at any time by closing the survey window without completing it. If you have already submitted your responses and wish to withdraw, please contact us at gender-reach@unisante.ch as soon as possible. While we will do our best to accommodate your request, please be aware that once the data has been analyzed and aggregated, it may not be possible to remove your individual responses.
- Understand that withdrawing your consent will have no negative consequences for you. If you have any questions, please contact us at gender-reach@unisante.ch.

Please choose one of the following options:

- ☐ I agree.
☐ I disagree.

Thank you for proceeding with the survey.

To ensure that your responses are included in our analysis, we need to ask a few questions about your eligibility for this particular research project. Please answer truthfully. Your responses are anonymous and will be kept confidential.

Do you identify or have you ever identified as trans or non-binary?

- ☐ Yes
- ☐ No
- ☐ I am not sure or do not know
- ☐ Prefer not to say

Do you identify as intersex or have a variation in sex characteristics?

- ☐ Yes
- ☐ No
- ☐ I am not sure or do not know
- ☐ Prefer not to say

Are you 14 years old or older?

- ☐ Yes
- ☐ No