

# Switzerland - Detection and treatment of burnout by physicians of Unisanté

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## Overview

### Identification

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### Overview

#### ABSTRACT

Lacking diagnostic standards, the prevalence of Occupational Burnout (OB) remains uncertain. Unisanté aimed to evaluate its magnitude in its patients and to evaluate the medical practices related to OB in two of its departments, the Department of the Policlinics (DDP) and the Department of Occupational and Environmental Health (DSTE). An online survey has shown that 43/55 of the physicians participating in the survey have already diagnosed patients with OB in their practice. Two focus groups allowed evaluating the interest and usefulness of a standardized diagnostic tool for physicians of the DDP and the DSTE. The Tool turned out not to be appropriate in its present form but this work allowed to sensitize physicians to OB and to clarify the recommendations for the screening and treatment of OB patients at Unisanté.

#### UNITS OF ANALYSIS

Number of burnout cases reported to the number of medical consultations (prevalence)

#### KEYWORDS

Occupational burnout, diagnostic, treatment, medical practice, health system

### Coverage

#### GEOGRAPHIC COVERAGE

Lausanne, Switzerland

### Producers and Sponsors

#### PRIMARY INVESTIGATOR(S)

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Guseva-Canu, Irina	Center for Primary Care and Public Health (Unisanté), Department of occupational and environmental health (DSTE)

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### Metadata Production

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## Sampling

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## Questionnaires

No content available

## Data Collection

### Data Collection Dates

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## Data Processing

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## Data Appraisal

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