Colombia - Youth Well-Being: Strengthening mental health and human capital in a social programme for vulnerable young people in Colombia

Mauricio Avendano, Martha Escobar Lux, Fabio Idrobo Bonilla, Armando N. Meier, Omar Y. Vargas Rodriguez

Report generated on: October 20, 2026

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Identification

SURVEY ID NUMBER
10.16909-dataset-67

TITLE
Youth Well-Being: Strengthening mental health and human capital in a social programme for vulnerable young people in Colombia

ABBREVIATION OR ACRONYM
YWB

TRANSLATED TITLE
BienEstar Joven

COUNTRY

Name	Country code
Colombia	COL

SERIES INFORMATION
Wave 1: screening and baseline surveys (February-March 2025)
Wave 2: follow-up wave 1 (June-July 2025)
Wave 3: follow-up wave 2 (September-October 2025)
Wave 4: follow-up wave 3 (December 2025 - January 2026)

ABSTRACT
A longitudinal study of mental health and human capital among socioeconomically vulnerable young people enrolled in tertiary education in Colombia. The data provided here come from repeated surveys of low-income higher-education students participating in the national conditional cash-transfer programme (Renta Joven / Jóvenes en Acción). The survey instruments capture validated mental health symptom measures — including depression (PHQ-9), anxiety (GAD-7), post-traumatic stress (PC-PTSD-5), and behavioural activation (BADS-SF) — alongside sociodemographic characteristics, educational trajectories and economic expectations. Nested within this population is a preregistered randomized controlled trial evaluating the impact of a self-guided transdiagnostic digital mental health platform (delivered alone or with peer support) on mental health, educational attainment and human-capital outcomes among low-income students.

KIND OF DATA
Sample survey data [ssd]

UNIT OF ANALYSIS
- Individual-level surveys, specifically, low-income students enrolled in tertiary education who participate in the Renta Joven programme.
- Intervention information (treatment assignement), and related platform logs
- Administrative records

Version

VERSION DESCRIPTION
Version 1: Edited, de-identified dataset for public distribution.

VERSION DATE
2026-08-31

Scope

NOTES
The surveys cover the mental health, human-capital, and behavioural characteristics of low-income students enrolled in

tertiary (technical, technological, and university) education. Instruments were administered across a baseline survey, and repeated follow-up waves, with the core thematic modules repeated longitudinally to track change over time. The scope spans the following themes:
- Mental health symptoms. Validated symptom scales for depression (PHQ-9), anxiety (GAD-7), and post-traumatic stress (PC-PTSD-5), behavioural activation (BADS-SF), suicide-risk screening.
- Broader well-being, self-reported health and sleep. Life satisfaction, sleep satisfaction / insomnia and its impact on daily functioning.
- Mental health attitudes and service use. Self-stigma of seeking help (SSOSH), lifetime mental health diagnosis, recent help-seeking and treatment received, and beliefs about the effectiveness of psychological therapy and digital mental health tools.
- Health-related quality of life. EQ-5D-5L, healthcare use.
- Educational enrolment and trajectory. Type of institution and programme, enrolment continuity, and reasons for interrupting or leaving studies.
- Educational expectations and investment. Expected cumulative GPA and self-reported educational effort (e.g., missed, skipped, or late arrivals to class).
- Labour-market expectations. Expected future earnings following graduation.
- Economic preferences and personality traits. Patience and time-discounting choices, self-control (Brief Self-Control Scale), and risk preferences.
- Sociodemographic and household characteristics. Demographic and household background captured at screening.
Additionally, related study information are provided through intervention-related information and administrative records including additional educational information of the studied population.

KEYWORDS

Keyword
Mental health
Digital platform
Youth
Education
RCT

Coverage

GEOGRAPHIC COVERAGE
National coverage

UNIVERSE
Low-income students enrolled in tertiary (technical, technological, and university) education receiving a conditional cash transfer in the social program Renta Joven

Producers and sponsors

PRIMARY INVESTIGATORS

Name	Affiliation
Mauricio Avendano	Unisanté, Center for Primary Care and Public Health & University of Lausanne, Lausanne, Switzerland
Martha Escobar Lux	Foundation Santa Fe de Bogota
Fabio Idrobo Bonilla	Foundation Santa Fe de Bogota
Armando N. Meier	University of Basel
Omar Y. Vargas Rodriguez	Government of Colombia Department of Social Protection, Colombia

PRODUCERS

Name	Affiliation	Role

Nathalie Monnet	Unisanté, Center for Primary Care and Public Health & University of Lausanne, Lausanne, Switzerland	researcher, statistician, data manager
Clémence Kieny	Unisanté, Center for Primary Care and Public Health & University of Lausanne, Lausanne, Switzerland	researcher
Andrea Carolina Bell Tocancipa	Foundation Sante Fe de Bogota	coordinator

FUNDING AGENCY/SPONSOR

Name	Abbreviation
Swiss National Science Foundation	SNSF
Swiss Agency for Development and Cooperation	SDC

OTHER IDENTIFICATIONS/ACKNOWLEDGMENTS

Name	Affiliation	Role
Ricardo Araya	King's College London Center for Global Mental Health Institure for Psychiatry, Psychology & Neuro, United Kingdom	Partner
Naomi Koerner	Toronto Metropolitan University, Canada	Partner

Sampling

SAMPLING PROCEDURE

- *Sample frame and recruitment*. The study population consists of low-income young people who are beneficiaries of Colombia's Renta Joven conditional cash-transfer programme and enrolled in tertiary education (technical, technological, or university programmes). The sample frame was drawn from Renta Joven beneficiaries, who were invited to participate; approximately 360,000 individuals were invited and more than 70,000 responded (partially or in full) to the screening survey. The sample is therefore not a probability sample designed to be representative of the general Colombian population; it represents Renta Joven beneficiaries enrolled in tertiary education who responded to the invitation and met the eligibility criteria.

- *Eligibility and screening*. Eligibility was established through a screening survey and required: informed consent, membership in Renta Joven, age 18 and above, current enrolment in a higher-education programme, access to an internet-enabled device, and interest in the study. Of screening respondents, 33,683 were eligible. Eligible individuals were invited to a baseline survey (22,850 responses; 18,999 eligible). Before randomisation, participants were further excluded if they did not complete the baseline survey or completed it too quickly (fewer than four minutes), if they were asymptomatic (based on a minimum symptom threshold), or if they were flagged as high suicide risk.

- *Randomisation, stratification, and arms*. A total of 14,688 eligible participants were randomised in equal shares (7,344 per arm) to the treatment and control conditions.

- *Level of representation and design notes*. Estimates are representative of the eligible, consenting study population defined above and are not weighted to the national population; no sampling weights are applied. In waves 2 to 4, because inclusion required baseline symptomatology above a screening threshold, asymptomatic individuals are excluded by design, and the sample over-represents individuals with elevated mental health symptoms relative to the full beneficiary population.

- *Non-response, attrition, and replacement*. Three follow-up surveys were administered (wave 2=follow-up 1 at 0 months, n = 9,719 complete; wave 3=follow-up 2 at 3 months, n = 6,472 complete; wave 3=follow-up 3 at 6 months, n= 7,185).

RESPONSE RATE

- *Non-response, attrition, and replacement*. Three follow-up surveys were administered (wave 2=follow-up 1 at 0 months, n = 9,719 complete; wave 3=follow-up 2 at 3 months, n = 6,472 complete; wave 3=follow-up 3 at 6 months, n= 7,185).

Data collection

DATES OF DATA COLLECTION

Start	End	Cycle
2025/02/04	2025/03/09	Wave 1
2025/03/26	2025/06/12	Intervention
2025/06/12	2025/07/28	Wave 2
2025/09/02	2025/10/19	Wave 3
2025/12/02	2026/01/30	Wave 4

DATA COLLECTION MODE
Internet [int]

DATA COLLECTION NOTES
A pilot study took place in Fall 2024.

Questionnaires

QUESTIONNAIRES
Questionnaires were conducted in Spanish in REDCap. These include:
- *Screening and baseline questionnaires* (February–March 2025): pre-intervention, including eligibility criteria, demographics, and baseline mental health and educational measures
- *Follow-up questionnaire 1* (June–July 2025): follow-up mental health and educational measures immediately post-intervention
- *Follow-up questionnaire 2* (September–October 2025): follow-up mental health and educational measures 3-month post-intervention
- *Follow-up questionnaire 3* (December 2025 – January 2026): follow-up mental health and educational measures 6-month post-intervention, plus cost-utility-related questions (EQ-5D-5L and healthcare use)

Data Processing

DATA EDITING
After screening/baseline completion, duplicated records were removed based on identifying information including the ID card number (cédula in Spanish). All participants were also cross-checked with Renta Joven administrative database to comply with eligibility criteria.

Access policy

CONTACTS

Name	Affiliation	Email	URL
Youth Well-Being secretariat		ywb@unisante.ch	
Documentation and data unit (UDD)	Unisanté, University Center for Primary Care and Public Health, Lausanne, Switzerland	udd.data@unisante.ch	Link

CONFIDENTIALITY
All requests for data use will be reviewed before approval.

ACCESS CONDITIONS
This dataset is submitted to the Federal Act on Research involving Human Beings (HRA). Therefore, an ethical approval will be required to use this dataset.
The Data transfer agreement must be signed before releasing the dataset

CITATION REQUIREMENTS
Avendano, Mauricio; Monnet, Nathalie; Meier, Armando N.; Escobar Lux, Martha; Ibrobo Bonilla, Fabio; Vargas Rodriguez, Omar Yesid. The Youth Well-Being (BienEstar Joven) Study: Datasets. Center for Primary Care and Public Health (Unisanté),

University of Lausanne, Switzerland. Version 1.0 of the licensed dataset (2026), provided by the Unisanté Research Data Repository. DOI: https://doi.org/10.16909/dataset/67.

ACCESS AUTHORITY

Name	Affiliation	Email	URL
Mauricio Avendano	Unisanté, Center for Primary Care and Public Health & University of Lausanne, Lausanne, Switzerland	Avendano Pabon MauricioMauricio.Avendano-Pabon@unisante.ch	Mauricio.Avendano-Pabon@unisante.ch
Nathalie Monnet	Unisanté, Center for Primary Care and Public Health & University of Lausanne, Lausanne, Switzerland	nathalie.monnet@unisante.ch	nathalie.monnet@unisante.ch

LOCATION OF DATA COLLECTION

Unisanté Data repository : https://doi.org/10.16909/dataset/67

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Data Dictionary

Data file	Cases	Variables
Administrative records dataset Source of the data : Renta Joven administrative records (IES enrolment/verification files)		12
Intervention dataset Intervention information (treatment assignement), and related platform logs		51
Individual-level surveys dataset Individual-level surveys, specifically, low-income students enrolled in tertiary education who participate in the Renta Joven programme.		156

Data file: Administrative records dataset

Source of the data : Renta Joven administrative records (IES enrolment/verification files)

Cases:	
Variables:	12

Variables

ID	Name	Label	Question
V208	pid_recoded	Identifier	Unique personal identifier
V209	acad_period	Academic period	Academic term to which the record refers
V210	report_cycle	Latest verification wave	Most recent Renta Joven verification wave contributing to this person-period record
V211	ies_gpa	Cumulative GPA	Cumulative grade point average reported by the institution
V212	ies_semester	Semester	Enrolled academic-period number (semester of study)
V213	ies_start	First enrolment period	First period of enrolment in the higher education institution
V214	ies	Institution (IES)	Name of the higher education institution
V215	ies_code	Institution code (SNIES)	Institution identifier in the national SNIES registry
V216	ies_prog	Program code (SNIES)	Academic programme identifier in the national SNIES registry
V217	sex	Sex	Sex as recorded in administrative records
V218	yob	Year of birth	Year of birth, as recorded in administrative records
V219	resid_muni_code	Municipality of residence	Municipality of residence (DANE code)

Total: 12

Data file: Intervention dataset

Intervention information (treatment assignement), and related platform logs

Cases:	
Variables:	51

Variables

ID	Name	Label	Question
V157	pid_recoded	Identifier	Unique personal identifier
V158	group_randomization	treatment group	code for the treatment arm
V159	platform	Platform access	Whether the individual accessed the platform at least once
V160	modules_tot	Modules completed	Number of modules completed
V161	nb_plt_entry	Platform loggins	Number of platform loggins
V162	mod1	Module completed: Motivational interview	Module completed: Motivational interview
V163	mod2	Module completed: Behavioral activation	Module completed: Behavioral activation
V164	mod3	Module completed: Problem solving	Module completed: Problem solving
V165	mod4	Module completed: Interpersonal effectiveness	Module completed: Interpersonal effectiveness
V166	mod5	Module completed: Sleeping better	Module completed: Sleeping better
V167	mod6	Module completed: PTSD symptoms	Module completed: Managing PTSD symptoms
V168	mod7	Module completed: Emotional regulation toolbox	Module completed: Emotional regulation toolbox
V169	platform_complete	Platform status	Whether the individual completed all modules on the platform (6 main modules, meaning all except Emotional regulation toolbox which is on demand)
V170	time_total	Time on platform	Total time on platform
V171	time_forum	Time on forum	Total time on forum
V172	time_chat	Time on chat	Total time on chat
V173	nb_msg_chat	Chat messages	Number of messages on chat
V174	time_loggins	Hour loggin	Main hour of loggin
V175	forum_topic	Forum topic	Main forum topic
V176	nb_msg_forum	Forum messages	Number of messages on forum
V177	nb_reports_peer	Logs filled	Number of logs filled by peer
V178	nb_alert	Alerts	Number of alert button use
V179	date_register	Date of registration	Date of registration
V180	date_first_module	Date of first module completion	Date of first module completion
V181	date_completion	Date of platform completion	Date of platform completion
V182	date_last_login	Date of last login	Date of last login
V183	support	YWB platform usefulness	Please indicate whether the following statement is true for you: The YWB Platform played a role in helping me access or use mental health services or support in the past 6 months.
V184	ywb	Self-reported YWB platform use	Did you use the YWB platform during the study period at least once?
V185	ywb_whynot	Reasons preventing usage of YWB platform	What prevented you from using the YWB platform? (Select all that apply)

ID	Name	Label	Question
V186	ywb_diff	Technical difficulties	What difficulties?
V187	ywb_whynot_other	Other reason preventing usage of YWB platform	What other reason?
V188	ywb_info	Sufficient information about YWB platform	To what extent do you agree with the following statement: 'I received sufficient information or guidance about how to use the platform'
V189	acceptab1	Acceptability of Intervention Measure (AIM)	Acceptab_1. The YWB platform meets my approval.
V190	acceptab2	Acceptability of Intervention Measure (AIM)	Acceptab_2. The YWB platform is appealing to me.
V191	acceptab3	Acceptability of Intervention Measure (AIM)	Acceptab_3. I like the YWB platform.
V192	acceptab4	Acceptability of Intervention Measure (AIM)	Acceptab_4. I welcome the YWB platform.
V193	adequ1	Intervention Appropriateness Measure (IAM)	Adequ_1. The YWB platform seems fitting.
V194	adequ2	Intervention Appropriateness Measure (IAM)	Adequ_2. The YWB platform seems suitable.
V195	adequ3	Intervention Appropriateness Measure (IAM)	Adequ_3. The YWB platform seems applicable.
V196	adequ4	Intervention Appropriateness Measure (IAM)	Adequ_4. The YWB platform seems like a good match.
V197	feasible1	Feasibility of Intervention Measure (FIM)	feasible_1. The YWB platform seems implementable.
V198	feasible2	Feasibility of Intervention Measure (FIM)	feasible _2. The YWB platform seems possible.
V199	feasible3	Feasibility of Intervention Measure (FIM)	feasible _3. The YWB platform seems doable.
V200	feasible4	Feasibility of Intervention Measure (FIM)	feasible _4. The YWB platform seems easy to use.
V201	implementation1	Validation	Implementation_1. I learnt strategies and skills that help me when I'm worried about my mental health
V202	implementation2	Validation	Implementation_2. I plan to continue practicing and using these skills in the future.
V203	implementation3	Validation	Implementation_3. I would recommend this program to a friend.
V204	implementation4	Validation	Implementation_4. The peer support group encouraged me to get more involved in the Youth Well Being Platform
V205	implementation5	Validation	Implementation_5. It would just be as likely that I would participate without peer support.
V206	usefulness	usefulness of the platform	Which aspect(s) of the Youth Well Being platform was most useful and why?
V207	improvements	changes recommended for the platform	What changes do you recommend for the Youth Well Being platform? Give us your feedback on the program, any issues, and ideas for improvement or addition.

Total: 51

Data file: Individual-level surveys dataset

Individual-level surveys, specifically, low-income students enrolled in tertiary education who participate in the Renta Joven programme.

Cases:	
Variables:	156

Variables

ID	Name	Label	Question
V1	pid_recoded	Identifier	Unique personal identifier
V2	wave	Wave	Reference wave for longitudinal question
V3	ref_period	Reference period	Reference period of the survey
V4	survey_start	Survey start time	Survey start time
V5	survey_end	Survey end time	Survey end time
V6	age	Self-reported age	How old are you?
V7	access1	Access to internet	Do you have access to any of the following devices with an internet access?
V8	access5	Access to internet	Do you have access to any of the following devices with an internet access? None of the above
V9	commit	Commitment to study	How interested would you be in using an online platform, accessible from a computer, a smartphone or a tablet, to help learn more about mental well-being?
V10	muni_code_resid	Municipality of residence	In which municipality are you currently living? [Please indicate the one you consider your primary residence]
V11	muni_resid	Municipality of residence	In which municipality are you currently living? [Please indicate the one you consider your primary residence]
V12	dept_code_resid	Department of residence	In which department are you primarily currently living? [Please indicate the one you consider your primary residence]
V13	dept_resid	Department of residence	In which department are you primarily currently living? [Please indicate the one you consider your primary residence]
V14	region_resid	Region of residence	Region of residence
V15	gender	Gender	What gender do you identify with?
V16	gender_other	Other gender classification	Which other?
V17	urban	Urban status	Which of the following best describes the area where you currently live?
V18	ethnicity	Ethnicity classification	According to your culture, people or physical traits, do you recognize yourself as:
V19	marital_status	Marital status	Currently your martial status is:
V20	income1	Source of income	Besides the support you receive from Renta Joven, where else do you get money to cover your expenses?
V21	finance	Financial needs	In the last month, has your income been sufficient to cover your needs (i.e., housing, utilities, food, and transportation)?
V22	health_insurance	Health insurance	To which regime of the Social Security Health System do you belong (commonly known as EPS or EAPB)?
V23	violence1	Victimization status	Please indicate if you have experienced any of the following situations at any time in your life:
V24	ruv	Victim registry status	Are you or any member of your household have a in the Registro Único de Víctimas (RUV)?
V25	edu_father	Father's educational attainment	What is or was your father's highest completed level of education?
V26	edu_mother	Mother's educational attainment	What is or was your mother's highest completed level of education?
V27	pregnant	Pregnancy status	Are you expecting a child?
V28	child	Parental status	Do you have children?
V29	phq9_1	PHQ-9 scale - Little interest or pleasure in doing things	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 1. Little interest or pleasure in doing things
V30	phq9_2	PHQ-9 scale - Feeling down, depressed, or hopeless	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 2. Feeling down, depressed, or hopeless
V31	phq9_3	PHQ-9 scale - Trouble falling or staying asleep, or sleeping too much	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 3. Trouble falling or staying asleep, or sleeping too much
V32	phq9_4	PHQ-9 scale - Feeling tired or having little energy	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 4. Feeling tired or having little energy
V33	phq9_5	PHQ-9 scale - Poor appetite or overeating	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 5. Poor appetite or overeating
V34	phq9_6	PHQ-9 scale - Feeling bad about yourself or that you are a failure or have let yourself or your family down	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 6. Feeling bad about yourself or that you are a failure or have let yourself or your family down
V35	phq9_7	PHQ-9 scale - Trouble concentrating on things, such as reading the newspaper or watching television	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 7. Trouble concentrating on things, such as reading the newspaper or watching television
V36	phq9_8	PHQ-9 scale - Moving or speaking so slowly that other people could have noticed? Or the opposite being so fidgety or restless that you have been moving around a lot more than usual	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 8. Moving or speaking so slowly that other people could have noticed? Or the opposite being so fidgety or restless that you have been moving around a lot more than usual
V37	phq9_9	PHQ-9 scale - Thoughts that you would be better off dead, or thoughts of hurting yourself in some way	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 9. Thoughts that you would be better off dead, or thoughts of hurting yourself in some way

ID	Name	Label	Question
V38	suicide_risk	Suicide ideation	In the past two weeks, have you thought about harming yourself or ending your life?
V39	gad7_1	GAD-7 scale - Feeling nervous, anxious, or on edge.	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 1. Feeling nervous, anxious, or on edge.
V40	gad7_2	GAD-7 scale - Not being able to stop or control worrying.	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 2. Not being able to stop or control worrying.
V41	gad7_3	GAD-7 scale - Worrying too much about different things.	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 3. Worrying too much about different things.
V42	gad7_4	GAD-7 scale - Trouble relaxing.	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 4. Trouble relaxing.
V43	gad7_5	GAD-7 scale - Being so restless that it is hard to sit still.	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 5. Being so restless that it is hard to sit still.
V44	gad7_6	GAD-7 scale - Becoming easily annoyed or irritable.	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 6. Becoming easily annoyed or irritable.
V45	gad7_7	GAD-7 scale - Feeling afraid as if something awful might happen.	Over the last 2 weeks, how often have you been bothered by any of the following problems? Question 7. Feeling afraid as if something awful might happen.
V46	ptsd1	PC-PTSD, primary care PTSD screen scale	We invite you to answer the following questions to understand how any experience you consider very difficult, painful, or terrifying has affected you in the LAST MONTH.
V47	life_sat	Life satisfaction	On a scale of 0 to 10, where 0 means you are not at all satisfied and 10 means you are completely satisfied, how satisfied are you with your life in general these days?
V48	insomnia1	Satisfaction with sleep	Next, we invite you to think about your sleeping habits. Please select the answer that best reflects how you have been sleeping in the LAST 2 WEEKS. How satisfied or dissatisfied do you feel with your sleeping habits?
V49	insomnia2	Impact of sleep	Please select the answer that best reflects how you have been sleeping in the PAST 2 WEEKS. To what extent do you consider that your sleep problem affects your daily life? (For example, by causing fatigue during the day, decreasing your ability to function at work or in your daily occupations, affecting your concentration, memory or mood).
V50	ssosh1	The Self-Stigma of Seeking Psychology Help (SSOSH) scale 3-item	INSTRUCTIONS: People at times find that they face problems that they consider seeking help for. This can bring up reactions about what seeking help would mean. Please use the 5-point scale to rate the degree to which each item describes how you might react in this situation. Question 1. I would feel inadequate if I went to a therapist for psychological help.
V51	ssosh6	The Self-Stigma of Seeking Psychology Help (SSOSH) scale 3-item	INSTRUCTIONS: People at times find that they face problems that they consider seeking help for. This can bring up reactions about what seeking help would mean. Please use the 5-point scale to rate the degree to which each item describes how you might react in this situation. Question 6. It would make me feel inferior to ask a therapist for help.
V52	ssosh8	The Self-Stigma of Seeking Psychology Help (SSOSH) scale 3-item	INSTRUCTIONS: People at times find that they face problems that they consider seeking help for. This can bring up reactions about what seeking help would mean. Please use the 5-point scale to rate the degree to which each item describes how you might react in this situation. Question 8. If I went to a therapist, I would be less satisfied with myself.
V53	diagnosis	Mental health disorder diagnosis	Have you ever been diagnosed by a medical professional with a mental health condition? For example: anxiety disorders, depression, bipolar disorder, post-traumatic stress disorder, schizophrenia, or any other mental health conditions?
V54	curr_mh1	Type of mental health disorder	What disorder were you diagnosed with?
V55	seek	Seeking care	In the last 3 months, did you seek care for your emotional, nervous or mental health problems?
V56	treat	Receiving care	In the last 3 months, did you receive any care for emotional, nervous or mental health problems?
V57	treat_where1	Type of care	In the last 3 months, did you receive care or treatment for emotional, nervous or mental health problems from any of the following services or professionals? Please select all that apply.
V58	bads1	Behavioural activation (BADS-SF)	Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY. Question 1. There were certain things I had to do but, in the end, I did not do.
V59	bads2	Behavioural activation (BADS-SF)	Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY. Question 2. I am satisfied with the amount and type of things I did.
V60	bads3	Behavioural activation (BADS-SF)	Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY. Question 3. I participated in different activities.
V61	bads4	Behavioural activation (BADS-SF)	Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY. Question 4. I made good decisions about the type of activities and situations I participated in.
V62	bads5	Behavioural activation (BADS-SF)	Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY. Question 5. I was proactive and achieved the goals I set for myself.
V63	bads6	Behavioural activation (BADS-SF)	Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY. Question 6. Most of what I did was to escape or avoid something unpleasant.
V64	bads7	Behavioural activation (BADS-SF)	Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY. Question 7. I spent a lot of time thinking over and over about my problems.
V65	bads8	Behavioural activation (BADS-SF)	Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY. Question 8. I engaged in activities to distract myself and avoid feeling bad.
V66	bads9	Behavioural activation (BADS-SF)	Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY. Question 9. I did enjoyable things.
V67	alcohol	Alcohol consumption	How often do you consume an alcoholic beverage?
V68	health	Self-reported health	Generally, would you say your health is?
V69	enrolled	Enrolment status at baseline	Are you currently enrolled in a higher education program (technical or university)?
V70	start_month	Academic program start month	start month of current academic program
V71	start_year	Academic program start year	start year of current academic program
V72	enrol_type	Type of program	In which type of institution are you currently enrolled in?
V73	program_current	Name of institution	What is the name of your institution?
V74	muni_code_stud	Municipality of studies	In which municipality is your college/school located:
V75	muni_stud	Municipality of studies	In which municipality is your college/school located:
V76	dept_code_stud	Department of studies	In which department is your college/school located?
V77	dept_stud	Department of studies	In which department is your college/school located?
V78	region_stud	Region of studies	Region of studies
V79	enrol_mode	Study mode	In which mode are you studying?
V80	enrolled_still	Enrolment status at follow-ups	Are you still enrolled in the same academic or vocational program as asked in the last survey?
V81	not_enrolled	Reasons for no longer being enrolled	Why are you no longer enrolled?
V82	not_enrolled_other	Other reasons	Which one?
V83	graduation_m	Graduation month	When did you graduate or complete your academic program?
V84	graduation_y	Graduation year	When did you graduate or complete your academic program?
V85	end_month	Interruption month	When did you interrupt your academic program?
V86	end_year	Interruption year	When did you interrupt your academic program?
V87	dropout	Reasons for dropping out	What is the main reason for interrupting your studies?

ID	Name	Label	Question
V88	return	Expectations about returning to academic program	Do you expect to go back to an academic program?
V89	gpa_info	Information about grade point average	Have you received all of your GPA for the current academic period?
V90	gpa	Grade point average	BL+FU2: What was your academic average for the past semester? FU1+FU3: What is your academic average for the current semester?
V91	gpa_cum	Cumulative grade point average	BL+FU2: What was your cumulative academic average for the degree program as of the end of the past semester? FU1+FU3: What is your cumulative academic average for the degree program as of the end of the past semester?
V92	gpa_exp	Expected grade point average	What do you think your culutative academic average for the degree program will be as of the end of the current semester?
V93	gpa_cum_exp	Expected cumulative grade point average	What do you think your cumulative grade point average will be at the end of the current semester?
V94	courses_nb	Number of courses	BL+FU2: How many courses or subjects did you take in the last academic period? FU1: How many courses or subjects are you currently taking?
V95	courses_fail	Course failure	BL+FU2: Did you fail any? FU1: Are you failing any?
V96	courses_fail_nb	Courses failure count	BL+FU2: How many did you fail? FU1: How many are you failing?
V97	courses_fail_sena	SENA failure	BL+FU2: Last academic period, have you been asked to take a plan de mejoramiento? FU1: Have you been asked to take a plan de mejoramiento?
V98	hours_study	Hours studied	BL+FU2: How many hours did you spend studying per day last academic period (Excluding attendance to classes, including only work at home, library or in study group)? FU1: How many hours do you currently spend studying per day (Excluding attendance to classes, including only work at home, library or in study group)?
V99	effort1	Educational investment	BL+FU2: In the last academic period, how frequently did the following things occur? FU1: This academic period, how frequently did the following things occur? Question 1. I missed classes for a full week.
V100	effort2	Educational investment	BL+FU2: In the last academic period, how frequently did the following things occur? FU1: This academic period, how frequently did the following things occur? Question 2. I missed a few classes.
V101	effort3	Educational investment	BL+FU2: In the last academic period, how frequently did the following things occur? FU1: This academic period, how frequently did the following things occur? Question 3. I arrived late for classes.
V102	activity	Main activity	In the last month, what was the main activity you spend most of your time?
V103	working	Paid activity	Last month, did you engage in any paid activity in the past month?
V104	role	Role	In that activity, what was your role?
V105	contract	Contract	Did your employment contract include social benefits?
V106	hours_work	Hours worked	In the last month, on average, how many hours per week did you dedicate to this job?
V107	income	Income	What was your labor income in the past month? (Include tips and commissions. Do not include overtime, travel expenses, or in-kind aid.)
V108	plans	Plans for the next period	What are your plans for the next academic period?
V109	plans_exp	Plans for the next academic period	On a scale of 0 to 100 where 0 is “not at all certain” and 100 is “absolutely certain”, what do you think is the probability that you will continue studying in the next academic period?
V110	odds_finish	Likelihood to finish	On a scale from 0 to 100, how likely is it that you will complete the program in which you are enrolled?
V111	edu_asp	Aspiration for highest degree	If you could study as much as you wanted, what would be the highest level of education you would like to achieve?
V112	job_6m	Likelihood to find a job	On a scale of 0 to 100, how confident are you that you will find any job within 6 months of graduation?
V113	earn_6m	Earning expectations post-graduation	Six month after graduation, how much do you think you could earn per month?
V114	job_10yr	Long-term aspirations for dream job	Now think about the future a little further ahead: the next 10 years... What job would you like to be doing (your dream job) IN 10 YEARS?
V115	job_10yr_exp	Long-term expectations for dream job	On a scale of 0 to 100, how confident are you that you will achieve your preferred/dream job in 10 years?
V116	patience	Self-reported patience	How willing are you to give up something beneficial to you now in order to obtain greater benefits in the future?
V117	time_disc1	Preferences: time discouting	Suppose you were given the choice between receiving a payment today or a payment in 12 months. We will now present to you two situations. The payment today is the same in each of these situations. The payment in 12 months is different in every situation. For each of these situations we would like to know which you would choose. Please assume there is no inflation, i.e., future prices are the same as today’s prices. Please consider the following: Would you rather receive 28.000 Pesos today or 43.100 Pesos in 12 months?
V118	time_disc2	Preferences: time discouting	Would you rather receive 28.000 Pesos today or 56.400 Pesos in 12 months?
V119	bscs1	Self-control: Brief Self-control scale - I am good at resisting temptation.	Please indicate how much each of the following statements reflects how you typically are. Bscs1_1. I am good at resisting temptation.
V120	bscs2	Self-control: Brief Self-control scale - I have a hard time breaking bad habit.	Please indicate how much each of the following statements reflects how you typically are. Bscs2_1. I have a hard time breaking bad habit.
V121	bscs3	Self-control: Brief Self-control scale - I am lazy.	Please indicate how much each of the following statements reflects how you typically are. Bscs3_1. I am lazy.
V122	bscs4	Self-control: Brief Self-control scale - I say inappropriate things.	Please indicate how much each of the following statements reflects how you typically are. Bscs4_1. I say inappropriate things.
V123	bscs5	Self-control: Brief Self-control scale - I do certain things that are bad for me, if they are fun.	Please indicate how much each of the following statements reflects how you typically are. Bscs5_1. I do certain things that are bad for me, if they are fun.
V124	bscs6	Self-control: Brief Self-control scale - I refuse things that are bad for me.	Please indicate how much each of the following statements reflects how you typically are. Bscs6_1. I refuse things that are bad for me.
V125	bscs7	Self-control: Brief Self-control scale - I wish I had more self-discipline.	Please indicate how much each of the following statements reflects how you typically are. Bscs7_1. I wish I had more self-discipline.
V126	bscs8	Self-control: Brief Self-control scale - People would say that I have iron self-discipline.	Please indicate how much each of the following statements reflects how you typically are. Bscs8_1. People would say that I have iron self-discipline.
V127	bscs9	Self-control: Brief Self-control scale - Pleasure and fun sometimes keep me from getting work done.	Please indicate how much each of the following statements reflects how you typically are. Bscs9_1. Pleasure and fun sometimes keep me from getting work done.
V128	bscs10	Self-control: Brief Self-control scale - I have trouble concentrating.	Please indicate how much each of the following statements reflects how you typically are. Bscs10_1. I have trouble concentrating.
V129	bscs11	Self-control: Brief Self-control scale - I am able to work effectively toward long-term goals.	Please indicate how much each of the following statements reflects how you typically are. Bscs11_1. I am able to work effectively toward long-term goals.

ID	Name	Label	Question
V130	bscs12	Self-control: Brief Self-control scale - Sometimes I can't stop myself from doing something, even if I know it is wrong.	Please indicate how much each of the following statements reflects how you typically are. Bscs12_1. Sometimes I can't stop myself from doing something, even if I know it is wrong.
V131	bscs13	Self-control: Brief Self-control scale - I often act without thinking through all the alternatives.	Please indicate how much each of the following statements reflects how you typically are. Bscs13_1. I often act without thinking through all the alternatives.
V132	risk	Preferences: risk aversion	On a scale of 0 to 10, where 0 means that you are "not willing to take risks at all" and 10 means that you are "very willing to take risks", please tell us, in general, how much you are willing to take risks.
V133	belief1	Beliefs on the effectiveness of psychological therapy	How effective do you think psychological therapy is for improving mental health?
V134	belief2	Beliefs on the effectiveness of the mental health digital app	How effective do you think digital apps or platforms are for mental health?
V135	eq5d_mb_5l_col_spa	Mobility	Please select the ONE box that best describes your health TODAY MOBILITY Due to copyright restrictions, the question and its answers cannot be posted here, but can be viewed on the official website : https://euroqol-domain.ams3.digitaloceanspaces.com/wp-content/uploads/2025/04/08035102/Sample_UK-English-EQ-5D-5L-Paper-Self-Complete-v1.3-ID-24700.pdf
V136	eq5d_sc_5l_col_spa	Self-care	Please select the ONE box that best describes your health TODAY. SELF-CARE Due to copyright restrictions, the question and its answers cannot be posted here, but can be viewed on the official website : https://euroqol-domain.ams3.digitaloceanspaces.com/wp-content/uploads/2025/04/08035102/Sample_UK-English-EQ-5D-5L-Paper-Self-Complete-v1.3-ID-24700.pdf
V137	eq5d_ua_5l_col_spa	Usual activities	Please select the ONE box that best describes your health TODAY. USUAL ACTIVITIES (e.g., work, study, housework, family or leisure activities) Due to copyright restrictions, the question and its answers cannot be posted here, but can be viewed on the official website : https://euroqol-domain.ams3.digitaloceanspaces.com/wp-content/uploads/2025/04/08035102/Sample_UK-English-EQ-5D-5L-Paper-Self-Complete-v1.3-ID-24700.pdf
V138	eq5d_pd_5l_col_spa	Pain/discomfort	Please select the ONE box that best describes your health TODAY. PAIN / DISCOMFORT Due to copyright restrictions, the question and its answers cannot be posted here, but can be viewed on the official website : https://euroqol-domain.ams3.digitaloceanspaces.com/wp-content/uploads/2025/04/08035102/Sample_UK-English-EQ-5D-5L-Paper-Self-Complete-v1.3-ID-24700.pdf
V139	eq5d_ad_5l_col_spa	Anxiety/depression	Please select the ONE box that best describes your health TODAY. ANXIETY / DEPRESSION Due to copyright restrictions, the question and its answers cannot be posted here, but can be viewed on the official website : https://euroqol-domain.ams3.digitaloceanspaces.com/wp-content/uploads/2025/04/08035102/Sample_UK-English-EQ-5D-5L-Paper-Self-Complete-v1.3-ID-24700.pdf
V140	eq5d5l_vas2_col_spa	General health	We would like to know how good or bad your health is TODAY. You will see a scale numbered from 0 to 100. 100 means the best health you can imagine. 0 means the worst health you can imagine. Please indicate on the scale how your health is TODAY. 0 (the worst health you can imagine - 100 (The best health you can imagine)
V141	nb_er	Number of inpatient and outpatient visits - Emergency room	How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service) • Emergency room
V142	nb_amb	Number of inpatient and outpatient visits - Outpatient/ambulatory consultation	How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service) • Outpatient/ambulatory consultation
V143	nb_psy	Number of inpatient and outpatient visits - Psychiatric hospitalization	How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service) • Psychiatric hospitalization
V144	nb_hosp	Number of inpatient and outpatient visits - General hospitalization	How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service) • general hospitalization
V145	nb_day	Number of inpatient and outpatient visits - Day hospital	How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service) • day hospital
V146	nb_other	Number of inpatient and outpatient visits - Other	How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service) • Other
V147	inpatient_other	Type of other inpatient and outpatient visit	Which other?
V148	nb_prim1	Number of primary care visits - Psychiatry	How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service) • Psychiatry
V149	nb_prim2	Number of primary care visits - Psychology	How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service) • Psychology
V150	nb_prim3	Number of primary care visits - General Practice	How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service) • General Practice
V151	nb_prim4	Number of primary care visits - Nursing	How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service) • Nursing
V152	nb_prim5	Number of primary care visits - Social Work	How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service) • Social Work
V153	nb_prim6	Number of primary care visits - Occupational Therapy	How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service) • Occupational Therapy
V154	nb_prim7	Number of primary care visits - Home care	How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service) • Home care
V155	nb_prim8	Number of primary care visits - Other	How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service) • Other
V156	prim_other	Type of other primary care visit	Which other?

Total: 156

PID_RECODED: Identifier

Data file: Administrative records dataset

Overview

Range: - Format: character

Questions and instructions

LITERAL QUESTION
Unique personal identifier

Description

DEFINITION
Value format: unique random 14-digit number

Others

NOTES
Reference/note: anonymized identifier. Key to merge files
Source: project team anonymization procedure

ACAD_PERIOD: Academic period

Data file: Administrative records dataset

Overview

Valid: 30970 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Academic term to which the record refers

CATEGORIES

Value	Category	Cases	
2024-1	2024-1	2753	8.9%
2024-2	2024-2	14852	48%
2025-1	2025-1	13365	43.2%

Others

NOTES
Source: Renta Joven administrative records (IES enrolment/verification files)

REPORT_CYCLE: Latest verification wave

Data file: Administrative records dataset

Overview

Valid: 30970 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Most recent Renta Joven verification wave contributing to this person-period record

CATEGORIES

Value	Category	Cases	
2024-6	2024-6	3293	10.6%
2025-1	2025-1	13365	43.2%
2025-2	2025-2	13758	44.4%
2025-3	2025-3	554	1.8%

Others

NOTES
Reference/note: The same academic period is checked in successive verification waves. Records were collapsed to one row per pid × acad_period by carrying the most recent non-missing value forward; this field records the latest wave feeding the row.
Source: Renta Joven administrative records (IES enrolment/verification files)

IES_GPA: Cumulative GPA

Data file: Administrative records dataset

Overview

Valid: 30379 Invalid: 591
Range: 0 - 5 Format: Numeric

Questions and instructions

LITERAL QUESTION
Cumulative grade point average reported by the institution

Others

NOTES
Reference/note: Colombian 0–5 grading scale. Missing (591 obs) where the contributing wave did not report academic performance (e.g., enrolment-only verification).
Source: Renta Joven administrative records (IES enrolment/verification files)

IES_SEMESTER: Semester

Data file: Administrative records dataset

Overview

Valid: 30970 Invalid: 0
Range: 1 - 15 Format: Numeric

Questions and instructions

LITERAL QUESTION
Enrolled academic-period number (semester of study)

Others

NOTES
Source: Renta Joven administrative records (IES enrolment/verification files)

IES_START: First enrolment period

Data file: Administrative records dataset

Overview

Valid: 30780 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
First period of enrolment in the higher education institution

Description

DEFINITION
Value format: period code (e.g., 2021-1)

Others

NOTES
Reference/note: 190 obs missing.
Source: Renta Joven administrative records (IES enrolment/verification files)

IES: Institution (IES)

Data file: Administrative records dataset

Overview

Valid: 30970 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Name of the higher education institution

Description

DEFINITION
Value format: text

Others

NOTES
Reference/note: Institution names in Spanish. Note: the "Institution" tab is a separate 1–79 survey index and does NOT correspond to ies_code (SNIES).
Source: Renta Joven administrative records (IES enrolment/verification files)

IES_CODE: Institution code (SNIES)

Data file: Administrative records dataset

Overview

Valid: 30970 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Institution identifier in the national SNIES registry

Description

DEFINITION
Value format: SNIES institution code

Others

NOTES
Reference/note: SNIES = Sistema Nacional de Información de la Educación Superior (Ministry of National Education). Distinct from the "Institution" tab numbering.
Source: Renta Joven administrative records (IES enrolment/verification files)

IES_PROG: Program code (SNIES)

Data file: Administrative records dataset

Overview

Valid: 30970 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Academic programme identifier in the national SNIES registry

Description

DEFINITION
Value format: SNIES programme code

Others

NOTES
Reference/note: SNIES = Sistema Nacional de Información de la Educación Superior (Ministry of National Education). Distinct from the "Institution" tab numbering.
Source: Renta Joven administrative records (IES enrolment/verification files)

SEX: Sex

Data file: Administrative records dataset

Overview

Valid: 30970 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Sex as recorded in administrative records

CATEGORIES

Value	Category	Cases	
female	female	18679	60.3%
male	male	12291	39.7%

Others

NOTES
Reference/note: Registry (administrative) sex; may differ from self-reported gender in the survey file.
Source: Renta Joven administrative records (IES enrolment/verification files)

YOB: Year of birth

Data file: Administrative records dataset

Overview

Valid: 30970 Invalid: 0
Range: 1986 - 2023 Format: Numeric

Questions and instructions

LITERAL QUESTION
Year of birth, as recorded in administrative records

Others

NOTES
Reference/note: Range includes a few implausible values (e.g., 2023) reflecting registry data-entry errors; left uncleaned.
Source: Renta Joven administrative records (IES enrolment/verification files)

RESID_MUNI_CODE: Municipality of residence

Data file: Administrative records dataset

Overview

Valid: 17605 Invalid: 13365
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Municipality of residence (DANE code)

Description

DEFINITION
Value format: code, code list can be found in the XLSX codebook under the tab "Municipalities". Link : https://data.unisante.ch/catalog/80/related-materials#tabs

Others

NOTES
Reference/note: DANE municipality code. Missing (13,365 obs) for the 2025-1 period, whose source file did not include municipality of residence.
Source: Renta Joven administrative records (IES enrolment/verification files)

PID_RECODED: Identifier

Data file: Intervention dataset

Overview

Range: - Format: character

Questions and instructions

LITERAL QUESTION
Unique personal identifier

Description

DEFINITION
Value format: unique random 14-digit number

Others

NOTES
Reference/note: anonymized identifier. Key to merge files
Source: project team anonymization procedure

GROUP_RANDOMIZATION: treatment group

Data file: Intervention dataset

Overview

Valid: 14688 Invalid: 0
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
code for the treatment arm

CATEGORIES

Value	Category	Cases	
1	control	7344	50%
2	platform access only	4941	33.6%
3	platform access + peers (moderate group)	1165	7.9%
4	platform access + peers (severe group)	1238	8.4%

Others

NOTES
Branching logic: Eligibility criterion: total PHQ-9 score ≥6, total GAD-7 score ≥3, or total PC-PTSD score ≥2, and no acute suicide risk (suicide_risk = 0).

Reference/note: Randomization was conducted in Stata 18 on 10-13 March 2025
Source: Randomization was conducted in Stata 18 on 10-13 March 2025

PLATFORM: Platform access

Data file: Intervention dataset

Overview

Valid: 14688 Invalid: 0
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Whether the individual accessed the platform at least once

CATEGORIES

Value	Category	Cases	
0	No	12526	85.3%
1	Yes	2162	14.7%

Others

NOTES
Reference/note: derived: equal to 1 for all individuals for which we received platform logs, 0 otherwise (control group + individuals who did not log in)
Source: platform logs

MODULES_TOT: Modules completed

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Number of modules completed

Description

DEFINITION
Value format: 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7

Others

NOTES
Source: platform logs

NB_PLT_ENTRY: Platform loggins

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: 0 - 34 Format: Numeric

Questions and instructions

LITERAL QUESTION
Number of platform loggins

Others

NOTES
Source: platform logs

MOD1: Module completed: Motivational interview

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Module completed: Motivational interview

CATEGORIES

Value	Category	Cases	
0	No	763	35.3%
1	Yes	1399	64.7%

Others

NOTES
Reference/note: derived from the names of completed modules in Spanish: Motivación y propósito
Source: platform logs

MOD2: Module completed: Behavioral activation

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Module completed: Behavioral activation

CATEGORIES

Value	Category	Cases	
0	No	1477	68.3%
1	Yes	685	31.7%

Others

NOTES
Reference/note: derived from the names of completed modules in Spanish: Actívate
Source: platform logs

MOD3: Module completed: Problem solving

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Module completed: Problem solving

CATEGORIES

Value	Category	Cases	
0	No	1678	77.6%
1	Yes	484	22.4%

Others

NOTES
Reference/note: derived from the names of completed modules in Spanish: Desafía tus problemas

Source: platform logs

MOD4: Module completed: Interpersonal effectiveness

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Module completed: Interpersonal effectiveness

CATEGORIES

Value	Category	Cases	
0	No	1737	80.3%
1	Yes	425	19.7%

Others

NOTES
Reference/note: derived from the names of completed modules in Spanish: Relaciones brillantes
Source: platform logs

MOD5: Module completed: Sleeping better

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Module completed: Sleeping better

CATEGORIES

Value	Category	Cases	
0	No	1765	81.6%
1	Yes	397	18.4%

Others

NOTES
Reference/note: derived from the names of completed modules in Spanish: Descansa mejor
Source: platform logs

MOD6: Module completed: PTSD symptoms

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Module completed: Managing PTSD symptoms

CATEGORIES

Value	Category	Cases	
0	No	1773	82%
1	Yes	389	18%

Others

NOTES
Reference/note: derived from the names of completed modules in Spanish: Sanar y crecer
Source: platform logs

MOD7: Module completed: Emotional regulation toolbox

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Module completed: Emotional regulation toolbox

CATEGORIES

Value	Category	Cases	
0	No	2139	98.9%
1	Yes	23	1.1%

Others

NOTES
Reference/note: derived from the names of completed modules in Spanish: Para momentos difíciles
Source: platform logs

PLATFORM_COMPLETE: Platform status

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Whether the individual completed all modules on the platform (6 main modules, meaning all except Emotional regulation toolbox which is on demand)

CATEGORIES

Value	Category	Cases	
0	No	1781	82.4%
1	Yes	381	17.6%

Others

NOTES
Reference/note: derived
Source: platform logs

TIME_TOTAL: Time on platform

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Total time on platform

Description

DEFINITION
Value format: minutes

Others

NOTES
Source: platform logs

TIME_FORUM: Time on forum

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Total time on forum

Description

DEFINITION
Value format: minutes

Others

NOTES
Source: platform logs

TIME_CHAT: Time on chat

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Total time on chat

Description

DEFINITION

Value format: minutes

Others

NOTES
Source: platform logs

NB_MSG_CHAT: Chat messages

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: 0 - 19 Format: Numeric

Questions and instructions

LITERAL QUESTION
Number of messages on chat

Others

NOTES
Source: platform logs

TIME_LOGGINS: Hour loggin

Data file: Intervention dataset

Overview

Valid: 2111 Invalid: 12577
Range: 0 - 23 Format: Numeric

Questions and instructions

LITERAL QUESTION
Main hour of loggin

Others

NOTES
Source: platform logs

FORUM_TOPIC: Forum topic

Data file: Intervention dataset

Overview

Valid: 217 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Main forum topic

Description

DEFINITION
Value format: text

Others

NOTES
Source: platform logs

NB_MSG_FORUM: Forum messages

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: 0 - 30 Format: Numeric

Questions and instructions

LITERAL QUESTION
Number of messages on forum

Others

NOTES
Source: platform logs

NB_REPORTS_PEER: Logs filled

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: 0 - 27 Format: Numeric

Questions and instructions

LITERAL QUESTION
Number of logs filled by peer

Others

NOTES
Source: platform logs

NB_ALERT: Alerts

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 12526
Range: 0 - 33 Format: Numeric

Questions and instructions

LITERAL QUESTION
Number of alert button use

Others

NOTES
Source: platform logs

DATE_REGISTER: Date of registration

Data file: Intervention dataset

Overview

Valid: 2162 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Date of registration

Description

DEFINITION
Value format: Date

Others

NOTES
Source: platform logs

DATE_FIRST_MODULE: Date of first module completion

Data file: Intervention dataset

Overview

Valid: 1546 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Date of first module completion

Description

DEFINITION
Value format: Date

Others

NOTES
Source: platform logs

DATE_COMPLETION: Date of platform completion

Data file: Intervention dataset

Overview

Valid: 22 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Date of platform completion

Description

DEFINITION
Value format: Date

Others

NOTES
Source: platform logs

DATE_LAST_LOGIN: Date of last login

Data file: Intervention dataset

Overview

Valid: 2131 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Date of last login

Description

DEFINITION
Value format: Date

Others

NOTES
Source: platform logs

SUPPORT: YWB platform usefulness

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate whether the following statement is true for you: The YWB Platform played a role in helping me access or use mental health services or support in the past 6 months.

CATEGORIES

Value	Category
0	Strongly Disagree
1	Disagree

2	Agree & Disagree Equally
3	Agree
4	Strongly Agree

Others

NOTES
Topic: Standardised instrument : CSRI

Branching logic: if group_randomization>1

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33.
https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/
Source: FU3

YWB: Self-reported YWB platform use

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Did you use the YWB platform during the study period at least once?

CATEGORIES

Value	Category
0	No
1	Yes

Others

NOTES
Branching logic: if group_randomization>1

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

YWB_WHYNOT: Reasons preventing usage of YWB platform

Data file: Intervention dataset

Overview

Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
What prevented you from using the YWB platform? (Select all that apply)

CATEGORIES

Value	Category
1	I was unsure how to access it
2	I found the platform difficult to navigate
3	I didn’t feel it was relevant to my needs
4	I was not motivated to use it
5	I didn’t know the platform was available
6	I preferred other ways of addressing mental health needs
7	I had technical difficulties accessing the platform.
8	Other

Others

NOTES
Branching logic: if ywb=0

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

YWB_DIFF: Technical difficulties

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: character

Questions and instructions

LITERAL QUESTION
What difficulties?

Description

DEFINITION
Value format: text

Others

NOTES
Branching logic: if ywb_whynot7=1

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

YWB_WHYNOT_OTHER: Other reason preventing usage of YWB platform

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: character

Questions and instructions

LITERAL QUESTION
What other reason?

Description

DEFINITION
Value format: text

Others

NOTES
Branching logic: if ywb_whynot8=1

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

YWB_INFO: Sufficient information about YWB platform

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
To what extent do you agree with the following statement: ‘I received sufficient information or guidance about how to use the platform’

CATEGORIES

Value	Category
0	Strongly Disagree
1	Disagree
2	Agree & Disagree Equally
3	Agree
4	Strongly Agree

Others

NOTES
Branching logic: if group_randomization>1 & ywb=1

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

ACCEPTAB1: Acceptability of Intervention Measure (AIM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Acceptab_1. The YWB platform meets my approval.

CATEGORIES

Value	Category
1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

ACCEPTAB2: Acceptability of Intervention Measure (AIM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Acceptab_2. The YWB platform is appealing to me.

CATEGORIES

Value	Category
1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

ACCEPTAB3: Acceptability of Intervention Measure (AIM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Acceptab_3. I like the YWB platform.

CATEGORIES

Value	Category

1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

ACCEPTAB4: Acceptability of Intervention Measure (AIM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Acceptab_4. I welcome the YWB platform.

CATEGORIES

Value	Category
1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

ADEQU1: Intervention Appropriateness Measure (IAM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Adequ_1. The YWB platform seems fitting.

CATEGORIES

Value	Category
1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

ADEQU2: Intervention Appropriateness Measure (IAM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Adequ_2. The YWB platform seems suitable.

CATEGORIES

Value	Category

1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

ADEQU3: Intervention Appropriateness Measure (IAM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Adequ_3. The YWB platform seems applicable.

CATEGORIES

Value	Category
1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

ADEQU4: Intervention Appropriateness Measure (IAM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Adequ_4. The YWB platform seems like a good match.

CATEGORIES

Value	Category
1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

FEASIBLE1: Feasibility of Intervention Measure (FIM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
feasible_1. The YWB platform seems implementable.

CATEGORIES

Value	Category

1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

FEASIBLE2: Feasibility of Intervention Measure (FIM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
feasible _2. The YWB platform seems possible.

CATEGORIES

Value	Category
1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

FEASIBLE3: Feasibility of Intervention Measure (FIM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
feasible _3. The YWB platform seems doable.

CATEGORIES

Value	Category
1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

FEASIBLE4: Feasibility of Intervention Measure (FIM)

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
feasible _4. The YWB platform seems easy to use.

CATEGORIES

Value	Category

1	Completely disagree
2	Disagree
3	Neither agree nor disagree
4	Agree
5	Completely Agree

Others

NOTES
Topic: Standardised instrument : AIM / IAM / FIM

Branching logic: if group_randomization>1 & ywb=1

Reference/note: Weiner BJ, Lewis CC, Stanick C, et al. Psychometric assessment of three newly developed implementation outcome measures. Implementation Science. 2017;12(1):108. doi: 10.1186/s13012-017-0635-3
Source: follow-up 3

IMPLEMENTATION1: Validation

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Implementation_1. I learnt strategies and skills that help me when I'm worried about my mental health

CATEGORIES

Value	Category
1	very true
2	partly true
3	not true at all

Others

NOTES
Branching logic: if group_randomization>1 & ywb=1 for questions 1-3
if group_randomization>2 & ywb=1 for questions 4-5

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

IMPLEMENTATION2: Validation

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Implementation_2. I plan to continue practicing and using these skills in the future.

CATEGORIES

Value	Category
1	very true
2	partly true
3	not true at all

Others

NOTES
Branching logic: if group_randomization>1 & ywb=1 for questions 1-3
if group_randomization>2 & ywb=1 for questions 4-5

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

IMPLEMENTATION3: Validation

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Implementation_3. I would recommend this program to a friend.

CATEGORIES

Value	Category
1	very true
2	partly true
3	not true at all

Others

NOTES
Branching logic: if group_randomization>1 & ywb=1 for questions 1-3
if group_randomization>2 & ywb=1 for questions 4-5

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

IMPLEMENTATION4: Validation

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Implementation_4. The peer support group encouraged me to get more involved in the Youth Well Being Platform

CATEGORIES

Value	Category
1	very true
2	partly true
3	not true at all

Others

NOTES
Branching logic: if group_randomization>1 & ywb=1 for questions 1-3
if group_randomization>2 & ywb=1 for questions 4-5

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

IMPLEMENTATION5: Validation

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Implementation_5. It would just be as likely that I would participate without peer support.

CATEGORIES

Value	Category
1	very true
2	partly true
3	not true at all

Others

NOTES
Branching logic: if group_randomization>1 & ywb=1 for questions 1-3
if group_randomization>2 & ywb=1 for questions 4-5

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

USEFULNESS: usefulness of the platform

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Which aspect(s) of the Youth Well Being platform was most useful and why?

Description

DEFINITION
Value format: text

Others

NOTES
Branching logic: if group_randomization>1 & ywb=1

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

IMPROVEMENTS: changes recommended for the platform

Data file: Intervention dataset

Overview

Valid: 0 Invalid: 14688
Range: - Format: character

Questions and instructions

LITERAL QUESTION
What changes do you recommend for the Youth Well Being platform? Give us your feedback on the program, any issues, and ideas for improvement or addition.

Description

DEFINITION
Value format: text

Others

NOTES
Branching logic: if group_randomization>1 & ywb=1

Reference/note: Adapted from a similar project in Brazil: https://filosofia.ufg.br/n/200378-programa-diz-ai-universitario
Source: follow-up 3

PID_RECODED: Identifier

Data file: Individual-level surveys dataset

Overview

Range: - Format: character

Questions and instructions

LITERAL QUESTION
Unique personal identifier

Description

DEFINITION
Value format: unique random 14-digit number

Others

NOTES
Reference/note: project team anonymization procedure

MUNI_CODE_RESID: Municipality of residence

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: character

Questions and instructions

LITERAL QUESTION
In which municipality are you currently living? [Please indicate the one you consider your primary residence]

Description

DEFINITION
Value format: code, code list can be found in the XLSX codebook under the tab "Municipalities". Link : https://data.unisante.ch/catalog/80/related-materials#tabs

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: List provided by the governement

WAVE: Wave

Data file: Individual-level surveys dataset

Overview

Valid: 75996 Invalid: 0
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Reference wave for longitudinal question

CATEGORIES

Value	Category	Cases	
1	screening + baseline	18999	25%
2	follow-up 1	18999	25%
3	follow-up 2	18999	25%
4	follow-up 3	18999	25%

REF_PERIOD: Reference period

Data file: Individual-level surveys dataset

Overview

Valid: 75996 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Reference period of the survey

CATEGORIES

Value	Category
February - March 2025	February - March 2025
June - July 2025	June - July 2025
September - October 2025	September - October 2025
December 2025 - January 2026	December 2025 - January 2026

SURVEY_START: Survey start time

Data file: Individual-level surveys dataset

Overview

Valid: 44680 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Survey start time

SURVEY_END: Survey end time

Data file: Individual-level surveys dataset

Overview

Valid: 42197 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Survey end time

AGE: Self-reported age

Data file: Individual-level surveys dataset

Overview

Valid: 75996 Invalid: 0
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
How old are you?

CATEGORIES

Value	Category	Cases	
18	18	2792	3.7%
19	19	8092	10.6%
20	20	10928	14.4%
21	21	11848	15.6%
22	22	11764	15.5%
23	23	9236	12.2%
24	24	6844	9%
25	25	5112	6.7%

26	26	3836	5%
27	27	3172	4.2%
28	28	2260	3%
29	29	76	0.1%
30	30	12	0%
31	31	8	0%
32	32	4	0%
33	33	4	0%
34	34	4	0%
35	35	4	0%

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: This variable is bounded at between "18" and "35 & above". The latter is coded as "35". Participants below 18 years old were not invited to the baseline survey (being 18 or above is a criterion).

ACCESS1: Access to internet

Data file: Individual-level surveys dataset

Overview

Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Do you have access to any of the following devices with an internet access?

CATEGORIES

Value	Category	Cases	
1	Cellphone	72388	68.9%
2	Tablet	1240	1.2%
3	Personal computer	18904	18%
4	Shared computer	12568	12%

Others

NOTES
Asked in survey wave(s): Screening survey

Multiple-response question: the dataset stores one binary variable per option (0 = No, 1 = Yes): access1, access2, access3, access4.

ACCESS5: Access to internet

Data file: Individual-level surveys dataset

Overview

Valid: 75996 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Do you have access to any of the following devices with an internet access? None of the above

Description

DEFINITION
Value format: 0 No

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: This variable is always equal to 0, as this was a study recruitment criterion. Participants who did not fulfil this criterion at screening were not invited to the baseline survey.

COMMIT: Commitment to study

Data file: Individual-level surveys dataset

Overview

Valid: 75996 Invalid: 0
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
How interested would you be in using an online platform, accessible from a computer, a smartphone or a tablet, to help learn more about mental well-being?

CATEGORIES

Value	Category	Cases	
2	Little interested	6660	8.8%
3	Neutral	13956	18.4%
4	Interested	36836	48.5%
5	Very interested	18544	24.4%

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: This variable is never equal to "1 Not at all interested," as participants who did not fulfil this criterion at screening were not invited to the baseline survey.

MUNI_RESID: Municipality of residence

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
In which municipality are you currently living? [Please indicate the one you consider your primary residence]

Description

DEFINITION
Value format: text, list can be found in the XLSX codebook under the tab "Municipalities". Link : https://data.unisante.ch/catalog/80/related-materials#tabs

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: List provided by the governement

DEPT_CODE_RESID: Department of residence

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: character

Questions and instructions

LITERAL QUESTION
In which department are you primarily currently living? [Please indicate the one you consider your primary residence]

Description

DEFINITION
Value format: code, code list can be found in the XLSX codebook under the tab "Departments". Link : https://data.unisante.ch/catalog/80/related-materials#tabs

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: List provided by the governement

DEPT_RESID: Department of residence

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
In which department are you primarily currently living? [Please indicate the one you consider your primary residence]

Description

DEFINITION
Value format: text, list can be found in the XLSX codebook under the tab "Departments". Link : https://data.unisante.ch/catalog/80/related-materials#tabs

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: List provided by the governement

REGION_RESID: Region of residence

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Region of residence

CATEGORIES

Value	Category	Cases	
Atlantica	Atlantica	21820	28.7%
Bogota	Bogota	6492	8.5%
Central	Central	16500	21.7%
Oriental	Oriental	17488	23%
Pacifica	Pacifica	13684	18%

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: Derived from the 2015 health survey

GENDER: Gender

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
What gender do you identify with?

CATEGORIES

Value	Category	Cases	
1	Male	29744	39.1%
2	Female	45624	60%
3	Transgender male/Trans man/Female to male (FTM)	108	0.1%
4	Transgender female/Trans woman/Male to female (MTF)	44	0.1%
5	non binary or non-compliant	212	0.3%
6	Other	48	0.1%
7	Prefer not to answer	204	0.3%

Others

NOTES
Asked in survey wave(s): Screening survey

GENDER_OTHER: Other gender classification

Data file: Individual-level surveys dataset

Overview

Valid: 48 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Which other?

Description

DEFINITION
Value format: text (Spanish)

Others

NOTES
Asked in survey wave(s): Screening survey

Branching logic: if gender=6

URBAN: Urban status

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Which of the following best describes the area where you currently live?

CATEGORIES

Value	Category	Cases	
1	Urban (a densely populated area with a high concentration of buildings and infrastructure)	42652	56.1%

2	Suburban (a residential area on the outskirts of a city, typically less densely populated than urban areas)	18248	24%
3	Rural (a sparsely populated area, often characterized by farmland, open space, and small towns	15084	19.9%

Others

NOTES
Asked in survey wave(s): Screening survey

ETHNICITY: Ethnicity classification

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
According to your culture, people or physical traits, do you recognize yourself as:

CATEGORIES

Value	Category	Cases	
1	Half-breed (mixed/”métisse”)	23052	30.3%
2	White	8112	10.7%
3	Black, mulatto, Afro-descendant, Afro-Colombian	10176	13.4%
4	Indigenous	5900	7.8%
5	Gypsy(a) or Rom	24	0%
6	Raizal of the Archipelago of San Andres, Providencia and Santa Catalina	32	0%
7	Palenquero(a) of San Basilio	60	0.1%
8	None of the above	28628	37.7%

Others

NOTES
Asked in survey wave(s): Screening survey

MARITAL_STATUS: Marital status

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Currently your martial status is:

CATEGORIES

Value	Category	Cases	
1	Married	1192	1.6%
2	common-law partnership	6948	9.1%
3	Separated, divorced or widowed	1256	1.7%
4	Single (never married or living in a common law marriage)	66588	87.6%

Others

NOTES
Asked in survey wave(s): Screening survey

INCOME1: Source of income

Data file: Individual-level surveys dataset

Overview

Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Besides the support you receive from Renta Joven, where else do you get money to cover your expenses?

CATEGORIES

Value	Category	Cases	
1	Parents	46412	47.4%
2	Spouse or partner	4104	4.2%
3	Loans	8276	8.5%
4	Other relatives	4992	5.1%
5	Work	21948	22.4%
6	Friends	928	0.9%
7	Government programs, scholarships, NGO	3620	3.7%
8	Other	7548	7.7%

Others

NOTES
Asked in survey wave(s): Screening survey

Multiple-response question: the dataset stores one binary variable per option (0 = No, 1 = Yes): income1, income2, income3, income4, income5, income6, income7, income8.

FINANCE: Financial needs

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
In the last month, has your income been sufficient to cover your needs (i.e., housing, utilities, food, and transportation)?

CATEGORIES

Value	Category	Cases	
1	Never	13704	18%
2	Rarely	21520	28.3%
3	Sometimes	29784	39.2%
4	Often	9536	12.6%
5	Always	1440	1.9%

Others

NOTES
Asked in survey wave(s): Screening survey

HEALTH_INSURANCE: Health insurance

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
To which regime of the Social Security Health System do you belong (commonly known as EPS or EAPB)?

CATEGORIES

Value	Category	Cases	
1	Contributory: You or a member of your household has an employment relationship or pays contributions as an independent worker.	19640	25.8%

2	Subsidized: The State assumes the cost of your contributions.	50024	65.8%
3	Special or exception: Persons belonging to the Military Forces, National Police, public servants and ECOPETROL pensioners, or public university officials.	508	0.7%
4	Not affiliated.	1232	1.6%
99	Don't know.	4580	6%

Others

NOTES
Asked in survey wave(s): Screening survey

VIOLENCE1: Victimization status

Data file: Individual-level surveys dataset

Overview

Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate if you have experienced any of the following situations at any time in your life:

CATEGORIES

Value	Category	Cases	
1	Victim of violence by some actor in the armed conflict.	15872	19.9%
2	Victim of forced displacement	18820	23.6%
3	Victim of an act of violence by the army or police for a reason unrelated to the armed conflict.	2988	3.7%
4	Victim of an act of common crime such as robbery or mugging.	32368	40.6%
5	Victim of domestic or gender-based violence.	9640	12.1%

Others

NOTES
Asked in survey wave(s): Screening survey

Multiple-response question: the dataset stores one binary variable per option (0 = No, 1 = Yes): violence1, violence2, violence3, violence4, violence5.

RUV: Victim registry status

Data file: Individual-level surveys dataset

Overview

Valid: 52560 Invalid: 23436
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Are you or any member of your household have a in the Registro Único de Víctimas (RUV)?

CATEGORIES

Value	Category	Cases	
0	No	32736	62.3%
1	Yes	19824	37.7%
99	don't know	0	

Others

NOTES
Asked in survey wave(s): Screening survey

EDU_FATHER: Father's educational attainment

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
What is or was your father's highest completed level of education?

CATEGORIES

Value	Category	Cases	
1	No schooling or incomplete elementary school	7192	9.5%
2	Primary	24376	32.1%
3	High school	24320	32%
4	Technical or technological education	10076	13.3%
5	College	4180	5.5%
99	Don't know or not applicable	5840	7.7%

Others

NOTES
Asked in survey wave(s): Screening survey

EDU_MOTHER: Mother's educational attainment

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
What is or was your mother's highest completed level of education?

CATEGORIES

Value	Category	Cases	
1	No schooling or incomplete elementary school	4832	6.4%
2	Primary	21700	28.6%
3	High school	29500	38.8%
4	Technical or technological education	14292	18.8%
5	College	4756	6.3%
99	Don't know or not applicable	904	1.2%

Others

NOTES
Asked in survey wave(s): Screening survey

PREGNANT: Pregnancy status

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Are you expecting a child?

CATEGORIES

Value	Category	Cases	
0	No	74708	98.3%
1	Yes	1276	1.7%

Others

NOTES
Asked in survey wave(s): Screening survey

CHILD: Parental status

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Do you have children?

CATEGORIES

Value	Category	Cases	
0	No	67216	88.5%
1	Yes	8768	11.5%

Others

NOTES
Asked in survey wave(s): Screening survey

PHQ9_1: PHQ-9 scale - Little interest or pleasure in doing things

Data file: Individual-level surveys dataset

Overview

Valid: 43418 Invalid: 32578
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 1. Little interest or pleasure in doing things

CATEGORIES

Value	Category	Cases	
0	Not at all	10736	24.7%
1	Several days	22556	52%

2	More than half the days	7116	16.4%
3	Nearly everyday	3010	6.9%

Others

NOTES
Topic: Standardised instrument : PHQ-9

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Original instrument: Kroenke K, Spitzer RL, Williams JBW (2001). The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med 16(9):606–613. https://doi.org/10.1046/j.1525-1497.2001.016009606.x

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Colombia (university students, Rasch): Cassiani-Miranda CA, Scoppetta O, Barrios-Villadiego MA, et al. (2025). Construct validity of the PHQ-9 in university students in Colombia. Med Clín Soc 9(1):e521. https://doi.org/10.52379/mcs.v9.521

PHQ9_2: PHQ-9 scale - Feeling down, depressed, or hopeless

Data file: Individual-level surveys dataset

Overview

Valid: 43416 Invalid: 32580
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 2. Feeling down, depressed, or hopeless

CATEGORIES

Value	Category	Cases	
0	Not at all	13341	30.7%
1	Several days	20675	47.6%
2	More than half the days	6504	15%
3	Nearly everyday	2896	6.7%

Others

NOTES
Topic: Standardised instrument : PHQ-9

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Original instrument: Kroenke K, Spitzer RL, Williams JBW (2001). The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med 16(9):606–613. https://doi.org/10.1046/j.1525-1497.2001.016009606.x

Spanish/Colombian translation and validation: Colombia (primary care): Cassiani-Miranda CA, Cuadros-Cruz AK, Torres-Pinzón H, et al. (2021). Validity of the PHQ-9 for depression screening in adult primary care users in Bucaramanga, Colombia. Rev Colomb Psiquiatr (Engl Ed) 50(1):11–21. https://doi.org/10.1016/j.rcp.2019.09.001
Colombia (university students, Rasch): Cassiani-Miranda CA, Scoppetta O, Barrios-Villadiego MA, et al. (2025). Construct validity of the PHQ-9 in university students in Colombia. Med Clín Soc 9(1):e521. https://doi.org/10.52379/mcs.v9.521

PHQ9_3: PHQ-9 scale - Trouble falling or staying asleep, or sleeping too much

Data file: Individual-level surveys dataset

Overview

Valid: 43413 Invalid: 32583
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 3. Trouble falling or staying asleep, or sleeping too much

CATEGORIES

Value	Category	Cases	
0	Not at all	11290	26%
1	Several days	16878	38.9%
2	More than half the days	8953	20.6%
3	Nearly everyday	6292	14.5%

Others

NOTES
Topic: Standardised instrument : PHQ-9

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Original instrument: Kroenke K, Spitzer RL, Williams JBW (2001). The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med 16(9):606–613. https://doi.org/10.1046/j.1525-1497.2001.016009606.x

Spanish/Colombian translation and validation: Colombia (primary care): Cassiani-Miranda CA, Cuadros-Cruz AK, Torres-Pinzón H, et al. (2021). Validity of the PHQ-9 for depression screening in adult primary care users in Bucaramanga, Colombia. Rev Colomb Psiquiatr (Engl Ed) 50(1):11–21. https://doi.org/10.1016/j.rcp.2019.09.001
Colombia (university students, Rasch): Cassiani-Miranda CA, Scoppetta O, Barrios-Villadiego MA, et al. (2025). Construct validity of the PHQ-9 in university students in Colombia. Med Clín Soc 9(1):e521. https://doi.org/10.52379/mcs.v9.521

PHQ9_4: PHQ-9 scale - Feeling tired or having little energy

Data file: Individual-level surveys dataset

Overview

Valid: 43413 Invalid: 32583
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 4. Feeling tired or having little energy

CATEGORIES

Value	Category	Cases	
0	Not at all	5462	12.6%
1	Several days	21658	49.9%
2	More than half the days	10174	23.4%
3	Nearly everyday	6119	14.1%

Others

NOTES
Topic: Standardised instrument : PHQ-9

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Original instrument: Kroenke K, Spitzer RL, Williams JBW (2001). The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med 16(9):606–613. https://doi.org/10.1046/j.1525-1497.2001.016009606.x

Spanish/Colombian translation and validation: Colombia (primary care): Cassiani-Miranda CA, Cuadros-Cruz AK, Torres-Pinzón H, et al. (2021). Validity of the PHQ-9 for depression screening in adult primary care users in Bucaramanga, Colombia. Rev Colomb Psiquiatr (Engl Ed) 50(1):11–21. https://doi.org/10.1016/j.rcp.2019.09.001
Colombia (university students, Rasch): Cassiani-Miranda CA, Scoppetta O, Barrios-Villadiego MA, et al. (2025). Construct validity of the PHQ-9 in university students in Colombia. Med Clín Soc 9(1):e521. https://doi.org/10.52379/mcs.v9.521

PHQ9_5: PHQ-9 scale - Poor appetite or overeating

Data file: Individual-level surveys dataset

Overview

Valid: 43404 Invalid: 32592
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 5. Poor appetite or overeating

CATEGORIES

Value	Category	Cases	
0	Not at all	14846	34.2%
1	Several days	15873	36.6%
2	More than half the days	8076	18.6%

3	Nearly everyday	4609	10.6%

Others

NOTES
Topic: Standardised instrument : PHQ-9

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Original instrument: Kroenke K, Spitzer RL, Williams JBW (2001). The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med 16(9):606–613. https://doi.org/10.1046/j.1525-1497.2001.016009606.x

Spanish/Colombian translation and validation: Colombia (primary care): Cassiani-Miranda CA, Cuadros-Cruz AK, Torres-Pinzón H, et al. (2021). Validity of the PHQ-9 for depression screening in adult primary care users in Bucaramanga, Colombia. Rev Colomb Psiquiatr (Engl Ed) 50(1):11–21. https://doi.org/10.1016/j.rcp.2019.09.001
Colombia (university students, Rasch): Cassiani-Miranda CA, Scoppetta O, Barrios-Villadiego MA, et al. (2025). Construct validity of the PHQ-9 in university students in Colombia. Med Clín Soc 9(1):e521. https://doi.org/10.52379/mcs.v9.521

PHQ9_6: PHQ-9 scale - Feeling bad about yourself or that you are a failure or have let yourself or your family down

Data file: Individual-level surveys dataset

Overview

Valid: 43409 Invalid: 32587
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 6. Feeling bad about yourself or that you are a failure or have let yourself or your family down

CATEGORIES

Value	Category	Cases	
0	Not at all	14710	33.9%
1	Several days	16566	38.2%
2	More than half the days	7162	16.5%
3	Nearly everyday	4971	11.5%

Others

NOTES
Topic: Standardised instrument : PHQ-9

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Original instrument: Kroenke K, Spitzer RL, Williams JBW (2001). The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med 16(9):606–613. https://doi.org/10.1046/j.1525-1497.2001.016009606.x

Spanish/Colombian translation and validation: Colombia (primary care): Cassiani-Miranda CA, Cuadros-Cruz AK, Torres-

Pinzón H, et al. (2021). Validity of the PHQ-9 for depression screening in adult primary care users in Bucaramanga, Colombia. Rev Colomb Psiquiatr (Engl Ed) 50(1):11–21. https://doi.org/10.1016/j.rcp.2019.09.001
Colombia (university students, Rasch): Cassiani-Miranda CA, Scoppetta O, Barrios-Villadiego MA, et al. (2025). Construct validity of the PHQ-9 in university students in Colombia. Med Clín Soc 9(1):e521. https://doi.org/10.52379/mcs.v9.521

PHQ9_7: PHQ-9 scale - Trouble concentrating on things, such as reading the newspaper or watching television

Data file: Individual-level surveys dataset

Overview

Valid: 43407 Invalid: 32589
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 7. Trouble concentrating on things, such as reading the newspaper or watching television

CATEGORIES

Value	Category	Cases	
0	Not at all	13752	31.7%
1	Several days	18774	43.3%
2	More than half the days	7284	16.8%
3	Nearly everyday	3597	8.3%

Others

NOTES
Topic: Standardised instrument : PHQ-9

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Original instrument: Kroenke K, Spitzer RL, Williams JBW (2001). The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med 16(9):606–613. https://doi.org/10.1046/j.1525-1497.2001.016009606.x

Spanish/Colombian translation and validation: Colombia (primary care): Cassiani-Miranda CA, Cuadros-Cruz AK, Torres-Pinzón H, et al. (2021). Validity of the PHQ-9 for depression screening in adult primary care users in Bucaramanga, Colombia. Rev Colomb Psiquiatr (Engl Ed) 50(1):11–21. https://doi.org/10.1016/j.rcp.2019.09.001
Colombia (university students, Rasch): Cassiani-Miranda CA, Scoppetta O, Barrios-Villadiego MA, et al. (2025). Construct validity of the PHQ-9 in university students in Colombia. Med Clín Soc 9(1):e521. https://doi.org/10.52379/mcs.v9.521

PHQ9_8: PHQ-9 scale - Moving or speaking so slowly that other people could have noticed? Or the opposite being so fidgety or restless that you have been moving around a lot more than usual

Data file: Individual-level surveys dataset

Overview

Valid: 43407 Invalid: 32589
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 8. Moving or speaking so slowly that other people could have noticed? Or the opposite being so fidgety or restless that you have been moving around a lot more than usual

CATEGORIES

Value	Category	Cases	
0	Not at all	23655	54.5%
1	Several days	13201	30.4%
2	More than half the days	4629	10.7%
3	Nearly everyday	1922	4.4%

Others

NOTES
Topic: Standardised instrument : PHQ-9

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Original instrument: Kroenke K, Spitzer RL, Williams JBW (2001). The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med 16(9):606–613. https://doi.org/10.1046/j.1525-1497.2001.016009606.x

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Colombia (university students, Rasch): Cassiani-Miranda CA, Scoppetta O, Barrios-Villadiego MA, et al. (2025). Construct validity of the PHQ-9 in university students in Colombia. Med Clín Soc 9(1):e521. https://doi.org/10.52379/mcs.v9.521

PHQ9_9: PHQ-9 scale - Thoughts that you would be better off dead, or thoughts of hurting yourself in some way

Data file: Individual-level surveys dataset

Overview

Valid: 43408 Invalid: 32588
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 9. Thoughts that you would be better off dead, or thoughts of hurting yourself in some way

CATEGORIES

Value	Category	Cases	
0	Not at all	31887	73.5%
1	Several days	7752	17.9%
2	More than half the days	2301	5.3%
3	Nearly everyday	1468	3.4%

Others

NOTES
Topic: Standardised instrument : PHQ-9

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Original instrument: Kroenke K, Spitzer RL, Williams JBW (2001). The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med 16(9):606–613. https://doi.org/10.1046/j.1525-1497.2001.016009606.x

Spanish/Colombian translation and validation: Colombia (primary care): Cassiani-Miranda CA, Cuadros-Cruz AK, Torres-Pinzón H, et al. (2021). Validity of the PHQ-9 for depression screening in adult primary care users in Bucaramanga, Colombia. Rev Colomb Psiquiatr (Engl Ed) 50(1):11–21. https://doi.org/10.1016/j.rcp.2019.09.001
Colombia (university students, Rasch): Cassiani-Miranda CA, Scoppetta O, Barrios-Villadiego MA, et al. (2025). Construct validity of the PHQ-9 in university students in Colombia. Med Clín Soc 9(1):e521. https://doi.org/10.52379/mcs.v9.521

SUICIDE_RISK: Suicide ideation

Data file: Individual-level surveys dataset

Overview

Valid: 11518 Invalid: 64478
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
In the past two weeks, have you thought about harming yourself or ending your life?

CATEGORIES

Value	Category	Cases	
0	No	8863	76.9%
1	Yes	2655	23.1%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Branching logic: if phq9_9>=1

GAD7_1: GAD-7 scale - Feeling nervous, anxious, or on edge.

Data file: Individual-level surveys dataset

Overview

Valid: 43180 Invalid: 32816
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 1. Feeling nervous, anxious, or on edge.

CATEGORIES

Value	Category	Cases	
0	Not at all	15033	34.8%
1	Several days	19523	45.2%
2	More than half the days	5996	13.9%
3	Nearly everyday	2628	6.1%

Others

NOTES
Topic: Standardised instrument : GAD-7

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Spitzer RL, Kroenke K, Williams JBW, Löwe B (2006). A brief measure for assessing generalized anxiety disorder: the GAD-7. Arch Intern Med 166(10):1092–1097. https://doi.org/10.1001/archinte.166.10.1092

Spanish/Colombian translation and validation: Camargo L, Herrera-Pino J, Shelach S, et al. (2023). GAD-7 Generalised Anxiety Disorder scale in Colombian medical professionals during the COVID-19 pandemic: construct validity and reliability. Rev Colomb Psiquiatr (Engl Ed) 52(3):245–250. https://doi.org/10.1016/j.rcpeng.2021.06.011

GAD7_2: GAD-7 scale - Not being able to stop or control worrying.

Data file: Individual-level surveys dataset

Overview

Valid: 43180 Invalid: 32816
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 2. Not being able to stop or control worrying.

CATEGORIES

Value	Category	Cases	
0	Not at all	11170	25.9%
1	Several days	20168	46.7%
2	More than half the days	7174	16.6%
3	Nearly everyday	4668	10.8%

Others

NOTES
Topic: Standardised instrument : GAD-7

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Spitzer RL, Kroenke K, Williams JBW, Löwe B (2006). A brief measure for assessing generalized anxiety disorder: the GAD-7. Arch Intern Med 166(10):1092–1097. https://doi.org/10.1001/archinte.166.10.1092

Spanish/Colombian translation and validation: Camargo L, Herrera-Pino J, Shelach S, et al. (2023). GAD-7 Generalised Anxiety Disorder scale in Colombian medical professionals during the COVID-19 pandemic: construct validity and reliability. Rev Colomb Psiquiatr (Engl Ed) 52(3):245–250. https://doi.org/10.1016/j.rcpeng.2021.06.011

GAD7_3: GAD-7 scale - Worrying too much about different things.

Data file: Individual-level surveys dataset

Overview

Valid: 43177 Invalid: 32819
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 3. Worrying too much about different things.

CATEGORIES

Value	Category	Cases	
0	Not at all	7900	18.3%
1	Several days	20908	48.4%
2	More than half the days	8659	20.1%
3	Nearly everyday	5710	13.2%

Others

NOTES
Topic: Standardised instrument : GAD-7

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Spitzer RL, Kroenke K, Williams JBW, Löwe B (2006). A brief measure for assessing generalized anxiety disorder: the GAD-7. Arch Intern Med 166(10):1092–1097. https://doi.org/10.1001/archinte.166.10.1092

Spanish/Colombian translation and validation: Camargo L, Herrera-Pino J, Shelach S, et al. (2023). GAD-7 Generalised Anxiety Disorder scale in Colombian medical professionals during the COVID-19 pandemic: construct validity and reliability. Rev Colomb Psiquiatr (Engl Ed) 52(3):245–250. https://doi.org/10.1016/j.rcpeng.2021.06.011

GAD7_4: GAD-7 scale - Trouble relaxing.

Data file: Individual-level surveys dataset

Overview

Valid: 43178 Invalid: 32818
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 4. Trouble relaxing.

CATEGORIES

Value	Category	Cases	
0	Not at all	10019	23.2%
1	Several days	20639	47.8%
2	More than half the days	7952	18.4%
3	Nearly everyday	4568	10.6%

Others

NOTES
Topic: Standardised instrument : GAD-7

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Spitzer RL, Kroenke K, Williams JBW, Löwe B (2006). A brief measure for assessing generalized anxiety disorder: the GAD-7. Arch Intern Med 166(10):1092–1097. https://doi.org/10.1001/archinte.166.10.1092

Spanish/Colombian translation and validation: Camargo L, Herrera-Pino J, Shelach S, et al. (2023). GAD-7 Generalised Anxiety Disorder scale in Colombian medical professionals during the COVID-19 pandemic: construct validity and reliability. Rev Colomb Psiquiatr (Engl Ed) 52(3):245–250. https://doi.org/10.1016/j.rcpeng.2021.06.011

GAD7_5: GAD-7 scale - Being so restless that it is hard to sit still.

Data file: Individual-level surveys dataset

Overview

Valid: 43174 Invalid: 32822
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 5. Being so restless that it is hard to sit still.

CATEGORIES

Value	Category	Cases	
0	Not at all	19899	46.1%
1	Several days	15415	35.7%
2	More than half the days	5250	12.2%
3	Nearly everyday	2610	6%

Others

NOTES
Topic: Standardised instrument : GAD-7

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Spitzer RL, Kroenke K, Williams JBW, Löwe B (2006). A brief measure for assessing generalized anxiety disorder: the GAD-7. Arch Intern Med 166(10):1092–1097. https://doi.org/10.1001/archinte.166.10.1092

Spanish/Colombian translation and validation: Camargo L, Herrera-Pino J, Shelach S, et al. (2023). GAD-7 Generalised Anxiety Disorder scale in Colombian medical professionals during the COVID-19 pandemic: construct validity and reliability. Rev Colomb Psiquiatr (Engl Ed) 52(3):245–250. https://doi.org/10.1016/j.rcpeng.2021.06.011

GAD7_6: GAD-7 scale - Becoming easily annoyed or irritable.

Data file: Individual-level surveys dataset

Overview

Valid: 43176 Invalid: 32820
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 6. Becoming easily annoyed or irritable.

CATEGORIES

Value	Category	Cases	
0	Not at all	11457	26.5%
1	Several days	19486	45.1%
2	More than half the days	7597	17.6%
3	Nearly everyday	4636	10.7%

Others

NOTES
Topic: Standardised instrument : GAD-7

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Spitzer RL, Kroenke K, Williams JBW, Löwe B (2006). A brief measure for assessing generalized anxiety disorder: the GAD-7. Arch Intern Med 166(10):1092–1097. https://doi.org/10.1001/archinte.166.10.1092

Spanish/Colombian translation and validation: Camargo L, Herrera-Pino J, Shelach S, et al. (2023). GAD-7 Generalised Anxiety Disorder scale in Colombian medical professionals during the COVID-19 pandemic: construct validity and reliability. Rev Colomb Psiquiatr (Engl Ed) 52(3):245–250. https://doi.org/10.1016/j.rcpeng.2021.06.011

GAD7_7: GAD-7 scale - Feeling afraid as if something awful might happen.

Data file: Individual-level surveys dataset

Overview

Valid: 43176 Invalid: 32820
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Over the last 2 weeks, how often have you been bothered by any of the following problems?
Question 7. Feeling afraid as if something awful might happen.

CATEGORIES

Value	Category	Cases	
0	Not at all	18132	42%
1	Several days	15582	36.1%
2	More than half the days	5652	13.1%
3	Nearly everyday	3810	8.8%

Others

NOTES
Topic: Standardised instrument : GAD-7

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Spitzer RL, Kroenke K, Williams JBW, Löwe B (2006). A brief measure for assessing generalized anxiety disorder: the GAD-7. Arch Intern Med 166(10):1092–1097. https://doi.org/10.1001/archinte.166.10.1092

Spanish/Colombian translation and validation: Camargo L, Herrera-Pino J, Shelach S, et al. (2023). GAD-7 Generalised Anxiety Disorder scale in Colombian medical professionals during the COVID-19 pandemic: construct validity and reliability. Rev Colomb Psiquiatr (Engl Ed) 52(3):245–250. https://doi.org/10.1016/j.rcpeng.2021.06.011

PTSD1: PC-PTSD, primary care PTSD screen scale

Data file: Individual-level surveys dataset

Overview

Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
We invite you to answer the following questions to understand how any experience you consider very difficult, painful, or terrifying has affected you in the LAST MONTH.

CATEGORIES

Value	Category	Cases	
1	Have you had nightmares or unwanted thoughts about that experience?	16403	20.8%
2	Have you tried, unsuccessfully, to avoid thinking about the experience, or have you gone to great lengths to avoid situations that remind you of that experience?	16676	21.2%
3	Have you been defensive, overly vigilant of your surroundings, or easily startled since the experience?	14577	18.5%
4	Have you experienced numbness in your arms or legs, or felt isolated or detached from others (friends, loved ones), your surroundings, or activities you used to enjoy?	15759	20%
5	Have you felt guilty or unable to stop blaming yourself or others for the event or the problems it may have caused?	15411	19.6%

Others

NOTES
Topic: Standardised instrument : PC-PTSD-5

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Multiple-response question: the dataset stores one binary variable per option (0 = No, 1 = Yes): ptsd1, ptsd2, ptsd3, ptsd4, ptsd5.

Reference/note: Original instrument: Prins A, Bovin MJ, Smolenski DJ, et al. (2016). The Primary Care PTSD Screen for DSM-5 (PC-PTSD-5): development and evaluation within a Veteran primary care sample. J Gen Intern Med 31(10):1206–1211. https://doi.org/10.1007/s11606-016-3703-5

LIFE_SAT: Life satisfaction

Data file: Individual-level surveys dataset

Overview

Valid: 35650 Invalid: 40346
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
On a scale of 0 to 10, where 0 means you are not at all satisfied and 10 means you are completely satisfied, how satisfied

are you with your life in general these days?

CATEGORIES

Value	Category	Cases	
0	0	214	0.6%
1	1	189	0.5%
2	2	676	1.9%
3	3	1356	3.8%
4	4	1617	4.5%
5	5	5449	15.3%
6	6	3503	9.8%
7	7	6948	19.5%
8	8	7643	21.4%
9	9	3497	9.8%
10	10	4558	12.8%

Others

NOTES

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

INSOMNIA1: Satisfaction with sleep

Data file: Individual-level surveys dataset

Overview

Valid: 35576 Invalid: 40420
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION

Next, we invite you to think about your sleeping habits. Please select the answer that best reflects how you have been sleeping in the LAST 2 WEEKS.
How satisfied or dissatisfied do you feel with your sleeping habits?

CATEGORIES

Value	Category	Cases	
0	Very Satisfied	3092	8.7%
1	Satisfied	10967	30.8%
2	I don't care	4902	13.8%
3	Dissatisfied	13237	37.2%
4	Very dissatisfied	3378	9.5%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

INSOMNIA2: Impact of sleep

Data file: Individual-level surveys dataset

Overview

Valid: 35576 Invalid: 40420
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please select the answer that best reflects how you have been sleeping in the PAST 2 WEEKS.
To what extent do you consider that your sleep problem affects your daily life? (For example, by causing fatigue during the day, decreasing your ability to function at work or in your daily occupations, affecting your concentration, memory or mood).

CATEGORIES

Value	Category	Cases	
0	Does not affect	5371	15.1%
1	Slightly affected	6934	19.5%
2	Affects a little	10190	28.6%
3	Affects very much	8923	25.1%
4	Very much affected	4158	11.7%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

SSOSH1: The Self-Stigma of Seeking Psychology Help (SSOSH) scale 3-item

Data file: Individual-level surveys dataset

Overview

Valid: 35512 Invalid: 40484
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
INSTRUCTIONS: People at times find that they face problems that they consider seeking help for. This can bring up reactions about what seeking help would mean. Please use the 5-point scale to rate the degree to which each item describes how you

might react in this situation.
Question 1. I would feel inadequate if I went to a therapist for psychological help.

CATEGORIES

Value	Category	Cases	
0	Strongly Disagree	0	
1	Disagree	13128	38%
2	Agree & Disagree Equally	11306	32.7%
3	Agree	7198	20.8%
4	Strongly Agree	2920	8.5%

Others

NOTES
Topic: Standardised instrument : SSOSH-3

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Short form: Brenner RE, Colvin KF, Hammer JH, Vogel DL (2021). Using item response theory to develop revised (SSOSH-7) and ultra-brief (SSOSH-3) Self-Stigma of Seeking Help scales. Assessment 28(5):1488–1499. https://doi.org/10.1177/1073191120958496
Original 10-item scale: Vogel DL, Wade NG, Haake S (2006). Measuring the self-stigma associated with seeking psychological help. J Couns Psychol 53(3):325–337. https://doi.org/10.1037/0022-0167.53.3.325
Colombia (medical students): Validación de la escala de Autoestigma por Búsqueda de Ayuda (ABA) en una población de estudiantes de Medicina de Colombia. Rev Colomb Psiquiatr. https://www.sciencedirect.com/science/article/pii/S0034745020300202

SSOSH6: The Self-Stigma of Seeking Psychology Help (SSOSH) scale 3-item

Data file: Individual-level surveys dataset

Overview

Valid: 35511 Invalid: 40485
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
INSTRUCTIONS: People at times find that they face problems that they consider seeking help for. This can bring up reactions about what seeking help would mean. Please use the 5-point scale to rate the degree to which each item describes how you might react in this situation.
Question 6. It would make me feel inferior to ask a therapist for help.

CATEGORIES

Value	Category	Cases	
0	Strongly Disagree	0	
1	Disagree	14473	41.6%
2	Agree & Disagree Equally	12608	36.2%
3	Agree	5476	15.7%

4	Strongly Agree	2224	6.4%

Others

NOTES
Topic: Standardised instrument : SSOSH-3

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Short form: Brenner RE, Colvin KF, Hammer JH, Vogel DL (2021). Using item response theory to develop revised (SSOSH-7) and ultra-brief (SSOSH-3) Self-Stigma of Seeking Help scales. Assessment 28(5):1488–1499. https://doi.org/10.1177/1073191120958496
Original 10-item scale: Vogel DL, Wade NG, Haake S (2006). Measuring the self-stigma associated with seeking psychological help. J Couns Psychol 53(3):325–337. https://doi.org/10.1037/0022-0167.53.3.325
Colombia (medical students): Validación de la escala de Autoestigma por Búsqueda de Ayuda (ABA) en una población de estudiantes de Medicina de Colombia. Rev Colomb Psiquiatr.
https://www.sciencedirect.com/science/article/pii/S0034745020300202

SSOSH8: The Self-Stigma of Seeking Psychology Help (SSOSH) scale 3-item

Data file: Individual-level surveys dataset

Overview

Valid: 35510 Invalid: 40486
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
INSTRUCTIONS: People at times find that they face problems that they consider seeking help for. This can bring up reactions about what seeking help would mean. Please use the 5-point scale to rate the degree to which each item describes how you might react in this situation.
Question 8. If I went to a therapist, I would be less satisfied with myself.

CATEGORIES

Value	Category	Cases	
0	Strongly Disagree	0	
1	Disagree	13865	40%
2	Agree & Disagree Equally	11831	34.2%
3	Agree	6549	18.9%
4	Strongly Agree	2398	6.9%

Others

NOTES
Topic: Standardised instrument : SSOSH-3

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Short form: Brenner RE, Colvin KF, Hammer JH, Vogel DL (2021). Using item response theory to develop

revised (SSOSH-7) and ultra-brief (SSOSH-3) Self-Stigma of Seeking Help scales. Assessment 28(5):1488–1499. https://doi.org/10.1177/1073191120958496
Original 10-item scale: Vogel DL, Wade NG, Haake S (2006). Measuring the self-stigma associated with seeking psychological help. J Couns Psychol 53(3):325–337. https://doi.org/10.1037/0022-0167.53.3.325
Colombia (medical students): Validación de la escala de Autoestigma por Búsqueda de Ayuda (ABA) en una población de estudiantes de Medicina de Colombia. Rev Colomb Psiquiatr. https://www.sciencedirect.com/science/article/pii/S0034745020300202

DIAGNOSIS: Mental health disorder diagnosis

Data file: Individual-level surveys dataset

Overview

Valid: 18879 Invalid: 57117
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Have you ever been diagnosed by a medical professional with a mental health condition? For example: anxiety disorders, depression, bipolar disorder, post-traumatic stress disorder, schizophrenia, or any other mental health conditions?

CATEGORIES

Value	Category	Cases	
0	No	15985	84.7%
1	Yes	2894	15.3%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

CURR_MH1: Type of mental health disorder

Data file: Individual-level surveys dataset

Overview

Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
What disorder were you diagnosed with?

CATEGORIES

Value	Category	Cases	
1	Anxiety disorders	2106	42.7%
2	Depression	1810	36.7%

3	Bipolar disorder	199	4%
4	Post-traumatic stress disorder (PTSD)	156	3.2%
5	Schizophrenia	37	0.7%
6	Eating disorders	264	5.3%
7	Other, for instance personality disorders, neurodevelopmental disorders, substance use disorder, etc.	364	7.4%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Multiple-response question: the dataset stores one binary variable per option (0 = No, 1 = Yes): curr_mh1, curr_mh2, curr_mh3, curr_mh4, curr_mh5, curr_mh6, curr_mh7.

Branching logic: only asked if diagnosis=1

SEEK: Seeking care

Data file: Individual-level surveys dataset

Overview

Valid: 35488 Invalid: 40508
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
In the last 3 months, did you seek care for your emotional, nervous or mental health problems?

CATEGORIES

Value	Category	Cases	
0	No	29824	84%
1	Yes	5664	16%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

TREAT: Receiving care

Data file: Individual-level surveys dataset

Overview

Valid: 35488 Invalid: 40508
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
In the last 3 months, did you receive any care for emotional, nervous or mental health problems?

CATEGORIES

Value	Category	Cases	
0	No	31437	88.6%
1	Yes	4051	11.4%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

TREAT_WHERE1: Type of care

Data file: Individual-level surveys dataset

Overview

Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
In the last 3 months, did you receive care or treatment for emotional, nervous or mental health problems from any of the following services or professionals? Please select all that apply.

CATEGORIES

Value	Category	Cases	
1	Hospital, clinic, or health service, or primary health care professional (doctor, nurse, speech therapist, occupational therapist, speech therapist, or physical therapist)	783	11.2%
2	Psychologist or psychiatrist	2895	41.2%
3	Drugstore or pharmacy	325	4.6%
4	Alternative medicine (bioenergetic, homeopathic, acupuncture or other similar)	155	2.2%
5	Traditional medicine (curandero, sobandero, yerbatero or other similar)	111	1.6%
6	Relatives, friends, work or study colleagues	1181	16.8%
7	Church or religious community	505	7.2%
8	Institution of higher education to which you belong.	691	9.8%
9	Psychosocial support from government or other social organizations.	245	3.5%
10	Other	131	1.9%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Multiple-response question: the dataset stores one binary variable per option (0 = No, 1 = Yes): treat_where1, treat_where2, treat_where3, treat_where4, treat_where5, treat_where6, treat_where7, treat_where8, treat_where9, treat_where10.

Branching logic: only asked if treat=1

BADS1: Behavioural activation (BADS-SF)

Data file: Individual-level surveys dataset

Overview

Valid: 28779 Invalid: 47217
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY.
Question 1. There were certain things I had to do but, in the end, I did not do.

CATEGORIES

Value	Category	Cases	
0	not at all	3348	11.6%
1	1	1458	5.1%
2	a little	11400	39.6%
3	3	2085	7.2%
4	a lot	5568	19.3%
5	5	803	2.8%
6	completely	4117	14.3%

Others

NOTES
Topic: Standardised instrument : BADS-SF

Asked in survey wave(s): Baseline survey, Follow-up 1 survey

Reference/note: Short form: Manos RC, Kanter JW, Luo W (2011). The Behavioral Activation for Depression Scale–Short Form: development and validation. Behav Ther 42(4):726–739. https://doi.org/10.1016/j.beth.2011.04.004
Original BADS: Kanter JW, Mulick PS, Busch AM, Berlin KS, Martell CR (2007). J Psychopathol Behav Assess 29(3):191–202. https://doi.org/10.1007/s10862-006-9038-5
Colombia (Bogotá, full BADS): Leal-Hernández DA, Bianchi JM, Montoya CE, Villalba-Garzón JA (2023). Escala de Activación Conductual para la Depresión (BADS): confiabilidad, estructura interna y otras evidencias de validez en Bogotá. RIDEP 70(4):5–17.

BADS2: Behavioural activation (BADS-SF)

Data file: Individual-level surveys dataset

Overview

Valid: 28779 Invalid: 47217
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY.
Question 2. I am satisfied with the amount and type of things I did.

CATEGORIES

Value	Category	Cases	
0	not at all	2751	9.6%
1	1	2354	8.2%
2	a little	11531	40.1%
3	3	3282	11.4%
4	a lot	5159	17.9%
5	5	1023	3.6%
6	completely	2679	9.3%

Others

NOTES
Topic: Standardised instrument : BADS-SF

Asked in survey wave(s): Baseline survey, Follow-up 1 survey

Reference/note: Short form: Manos RC, Kanter JW, Luo W (2011). The Behavioral Activation for Depression Scale–Short Form: development and validation. Behav Ther 42(4):726–739. https://doi.org/10.1016/j.beth.2011.04.004
Original BADS: Kanter JW, Mulick PS, Busch AM, Berlin KS, Martell CR (2007). J Psychopathol Behav Assess 29(3):191–202. https://doi.org/10.1007/s10862-006-9038-5
Colombia (Bogotá, full BADS): Leal-Hernández DA, Bianchi JM, Montoya CE, Villalba-Garzón JA (2023). Escala de Activación Conductual para la Depresión (BADS): confiabilidad, estructura interna y otras evidencias de validez en Bogotá. RIDEP 70(4):5–17.

BADS3: Behavioural activation (BADS-SF)

Data file: Individual-level surveys dataset

Overview

Valid: 28778 Invalid: 47218
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY.
Question 3. I participated in different activities.

CATEGORIES

Value	Category	Cases	
0	not at all	4303	15%
1	1	3007	10.4%
2	a little	9926	34.5%
3	3	2870	10%
4	a lot	5029	17.5%
5	5	1142	4%
6	completely	2501	8.7%

Others

NOTES
Topic: Standardised instrument : BADS-SF

Asked in survey wave(s): Baseline survey, Follow-up 1 survey

Reference/note: Short form: Manos RC, Kanter JW, Luo W (2011). The Behavioral Activation for Depression Scale–Short Form: development and validation. Behav Ther 42(4):726–739. https://doi.org/10.1016/j.beth.2011.04.004
Original BADS: Kanter JW, Mulick PS, Busch AM, Berlin KS, Martell CR (2007). J Psychopathol Behav Assess 29(3):191–202. https://doi.org/10.1007/s10862-006-9038-5
Colombia (Bogotá, full BADS): Leal-Hernández DA, Bianchi JM, Montoya CE, Villalba-Garzón JA (2023). Escala de Activación Conductual para la Depresión (BADS): confiabilidad, estructura interna y otras evidencias de validez en Bogotá. RIDEP 70(4):5–17.

BADS4: Behavioural activation (BADS-SF)

Data file: Individual-level surveys dataset

Overview

Valid: 28776 Invalid: 47220
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY.
Question 4. I made good decisions about the type of activities and situations I participated in.

CATEGORIES

Value	Category	Cases	

0	not at all	2972	10.3%
1	1	2552	8.9%
2	a little	9214	32%
3	3	3898	13.5%
4	a lot	6073	21.1%
5	5	1437	5%
6	completely	2630	9.1%

Others

NOTES
Topic: Standardised instrument : BADS-SF

Asked in survey wave(s): Baseline survey, Follow-up 1 survey

Reference/note: Short form: Manos RC, Kanter JW, Luo W (2011). The Behavioral Activation for Depression Scale–Short Form: development and validation. Behav Ther 42(4):726–739. https://doi.org/10.1016/j.beth.2011.04.004
Original BADS: Kanter JW, Mulick PS, Busch AM, Berlin KS, Martell CR (2007). J Psychopathol Behav Assess 29(3):191–202. https://doi.org/10.1007/s10862-006-9038-5
Colombia (Bogotá, full BADS): Leal-Hernández DA, Bianchi JM, Montoya CE, Villalba-Garzón JA (2023). Escala de Activación Conductual para la Depresión (BADS): confiabilidad, estructura interna y otras evidencias de validez en Bogotá. RIDEP 70(4):5–17.

BADS5: Behavioural activation (BADS-SF)

Data file: Individual-level surveys dataset

Overview

Valid: 28778 Invalid: 47218
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY.
Question 5. I was proactive and achieved the goals I set for myself.

CATEGORIES

Value	Category	Cases	
0	not at all	3427	11.9%
1	1	3214	11.2%
2	a little	9735	33.8%
3	3	3757	13.1%
4	a lot	4861	16.9%
5	5	1309	4.5%
6	completely	2475	8.6%

Others

NOTES
Topic: Standardised instrument : BADS-SF

Asked in survey wave(s): Baseline survey, Follow-up 1 survey

Reference/note: Short form: Manos RC, Kanter JW, Luo W (2011). The Behavioral Activation for Depression Scale–Short Form: development and validation. Behav Ther 42(4):726–739. https://doi.org/10.1016/j.beth.2011.04.004
Original BADS: Kanter JW, Mulick PS, Busch AM, Berlin KS, Martell CR (2007). J Psychopathol Behav Assess 29(3):191–202. https://doi.org/10.1007/s10862-006-9038-5
Colombia (Bogotá, full BADS): Leal-Hernández DA, Bianchi JM, Montoya CE, Villalba-Garzón JA (2023). Escala de Activación Conductual para la Depresión (BADS): confiabilidad, estructura interna y otras evidencias de validez en Bogotá. RIDEP 70(4):5–17.

BADS6: Behavioural activation (BADS-SF)

Data file: Individual-level surveys dataset

Overview

Valid: 28778 Invalid: 47218
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY.
Question 6. Most of what I did was to escape or avoid something unpleasant.

CATEGORIES

Value	Category	Cases	
0	not at all	8413	29.2%
1	1	3599	12.5%
2	a little	7872	27.4%
3	3	2540	8.8%
4	a lot	3491	12.1%
5	5	955	3.3%
6	completely	1908	6.6%

Others

NOTES
Topic: Standardised instrument : BADS-SF

Asked in survey wave(s): Baseline survey, Follow-up 1 survey

Reference/note: Short form: Manos RC, Kanter JW, Luo W (2011). The Behavioral Activation for Depression Scale–Short Form: development and validation. Behav Ther 42(4):726–739. https://doi.org/10.1016/j.beth.2011.04.004
Original BADS: Kanter JW, Mulick PS, Busch AM, Berlin KS, Martell CR (2007). J Psychopathol Behav Assess 29(3):191–202.

https://doi.org/10.1007/s10862-006-9038-5
Colombia (Bogotá, full BADS): Leal-Hernández DA, Bianchi JM, Montoya CE, Villalba-Garzón JA (2023). Escala de Activación Conductual para la Depresión (BADS): confiabilidad, estructura interna y otras evidencias de validez en Bogotá. RIDEP 70(4):5–17.

BADS7: Behavioural activation (BADS-SF)

Data file: Individual-level surveys dataset

Overview

Valid: 28778 Invalid: 47218
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY.
Question 7. I spent a lot of time thinking over and over about my problems.

CATEGORIES

Value	Category	Cases	
0	not at all	4260	14.8%
1	1	3102	10.8%
2	a little	8075	28.1%
3	3	2619	9.1%
4	a lot	5400	18.8%
5	5	1569	5.5%
6	completely	3753	13%

Others

NOTES
Topic: Standardised instrument : BADS-SF

Asked in survey wave(s): Baseline survey, Follow-up 1 survey

Reference/note: Short form: Manos RC, Kanter JW, Luo W (2011). The Behavioral Activation for Depression Scale–Short Form: development and validation. Behav Ther 42(4):726–739. https://doi.org/10.1016/j.beth.2011.04.004
Original BADS: Kanter JW, Mulick PS, Busch AM, Berlin KS, Martell CR (2007). J Psychopathol Behav Assess 29(3):191–202. https://doi.org/10.1007/s10862-006-9038-5
Colombia (Bogotá, full BADS): Leal-Hernández DA, Bianchi JM, Montoya CE, Villalba-Garzón JA (2023). Escala de Activación Conductual para la Depresión (BADS): confiabilidad, estructura interna y otras evidencias de validez en Bogotá. RIDEP 70(4):5–17.

BADS8: Behavioural activation (BADS-SF)

Data file: Individual-level surveys dataset

Overview

Valid: 28778 Invalid: 47218
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY.
Question 8. I engaged in activities to distract myself and avoid feeling bad.

CATEGORIES

Value	Category	Cases	
0	not at all	4718	16.4%
1	1	2938	10.2%
2	a little	8003	27.8%
3	3	3165	11%
4	a lot	5227	18.2%
5	5	1574	5.5%
6	completely	3153	11%

Others

NOTES
Topic: Standardised instrument : BADS-SF

Asked in survey wave(s): Baseline survey, Follow-up 1 survey

Reference/note: Short form: Manos RC, Kanter JW, Luo W (2011). The Behavioral Activation for Depression Scale–Short Form: development and validation. Behav Ther 42(4):726–739. https://doi.org/10.1016/j.beth.2011.04.004
Original BADS: Kanter JW, Mulick PS, Busch AM, Berlin KS, Martell CR (2007). J Psychopathol Behav Assess 29(3):191–202. https://doi.org/10.1007/s10862-006-9038-5
Colombia (Bogotá, full BADS): Leal-Hernández DA, Bianchi JM, Montoya CE, Villalba-Garzón JA (2023). Escala de Activación Conductual para la Depresión (BADS): confiabilidad, estructura interna y otras evidencias de validez en Bogotá. RIDEP 70(4):5–17.

BADS9: Behavioural activation (BADS-SF)

Data file: Individual-level surveys dataset

Overview

Valid: 28779 Invalid: 47217
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please read each statement carefully and then choose the number which best describes how much the statement was true for you DURING THE PAST WEEK, INCLUDING TODAY.

Question 9. I did enjoyable things.

CATEGORIES

Value	Category	Cases	
0	not at all	2238	7.8%
1	1	1554	5.4%
2	a little	6650	23.1%
3	3	3740	13%
4	a lot	6784	23.6%
5	5	2441	8.5%
6	completely	5372	18.7%

Others

NOTES

Topic: Standardised instrument : BADS-SF

Asked in survey wave(s): Baseline survey, Follow-up 1 survey

Reference/note: Short form: Manos RC, Kanter JW, Luo W (2011). The Behavioral Activation for Depression Scale–Short Form: development and validation. Behav Ther 42(4):726–739. https://doi.org/10.1016/j.beth.2011.04.004
Original BADS: Kanter JW, Mulick PS, Busch AM, Berlin KS, Martell CR (2007). J Psychopathol Behav Assess 29(3):191–202. https://doi.org/10.1007/s10862-006-9038-5
Colombia (Bogotá, full BADS): Leal-Hernández DA, Bianchi JM, Montoya CE, Villalba-Garzón JA (2023). Escala de Activación Conductual para la Depresión (BADS): confiabilidad, estructura interna y otras evidencias de validez en Bogotá. RIDEP 70(4):5–17.

ALCOHOL: Alcohol consumption

Data file: Individual-level surveys dataset

Overview

Valid: 35389 Invalid: 40607
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION

How often do you consume an alcoholic beverage?

CATEGORIES

Value	Category	Cases	
0	Never	15091	42.6%
1	Once a month or less.	16370	46.3%
2	2 to 4 times a month.	3423	9.7%
3	2 to 3 times a week.	399	1.1%
4	4 or more times a week.	106	0.3%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

HEALTH: Self-reported health

Data file: Individual-level surveys dataset

Overview

Valid: 35389 Invalid: 40607
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Generally, would you say your health is?

CATEGORIES

Value	Category	Cases	
1	Excellent	3513	9.9%
2	Very good	9585	27.1%
3	Good	15778	44.6%
4	Fair	6136	17.3%
5	Poor	377	1.1%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

ENROLLED: Enrolment status at baseline

Data file: Individual-level surveys dataset

Overview

Valid: 75996 Invalid: 0
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Are you currently enrolled in a higher education program (technical or university)?

CATEGORIES

Value	Category	Cases	

0	No	20	0%
1	Yes	75976	100%

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: should all be 1 - some exceptions (high-risk cases)

START_MONTH: Academic program start month

Data file: Individual-level surveys dataset

Overview

Valid: 75980 Invalid: 16
Range: 1 - 12 Format: Numeric

Questions and instructions

LITERAL QUESTION
start month of current academic program

Others

NOTES
Asked in survey wave(s): Screening survey

START_YEAR: Academic program start year

Data file: Individual-level surveys dataset

Overview

Valid: 75980 Invalid: 16
Range: 2015 - 2025 Format: Numeric

Questions and instructions

LITERAL QUESTION
start year of current academic program

Others

NOTES
Asked in survey wave(s): Screening survey

ENROL_TYPE: Type of program

Data file: Individual-level surveys dataset

Overview

Valid: 75984 Invalid: 12
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
In which type of institution are you currently enrolled in?

CATEGORIES

Value	Category	Cases	
1	SENA: technical	3804	5%
2	SENA: technological	7480	9.8%
3	Public University (including UNAD and ESAP)	61416	80.8%
4	Escuela Normal Superior	3284	4.3%

Others

NOTES
Asked in survey wave(s): Screening survey

PROGRAM_CURRENT: Name of institution

Data file: Individual-level surveys dataset

Overview

Valid: 64700 Invalid: 11296
Range: - Format: character

Questions and instructions

LITERAL QUESTION
What is the name of your institution?

Description

DEFINITION
Value format: code, code list can be found in the XLSX codebook under the tab "Institution". Link : https://data.unisante.ch/catalog/80/related-materials#tabs

Others

NOTES
Asked in survey wave(s): Screening survey

Branching logic: if Enrol_type>2

Reference/note: List provided by the governement

MUNI_CODE_STUD: Municipality of studies

Data file: Individual-level surveys dataset

Overview

Valid: 75660 Invalid: 336
Range: - Format: character

Questions and instructions

LITERAL QUESTION
In which municipality is your college/school located:

Description

DEFINITION
Value format: code, code list can be found in the XLSX codebook under the tab "Municipalities". Link : https://data.unisante.ch/catalog/80/related-materials#tabs

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: List provided by the governement

MUNI_STUD: Municipality of studies

Data file: Individual-level surveys dataset

Overview

Valid: 75660 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
In which municipality is your college/school located:

Description

DEFINITION
Value format: text, list can be found in the XLSX codebook under the tab "Municipalities". Link : https://data.unisante.ch/catalog/80/related-materials#tabs

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: List provided by the governement

DEPT_CODE_STUD: Department of studies

Data file: Individual-level surveys dataset

Overview

Valid: 75980 Invalid: 16
Range: - Format: character

Questions and instructions

LITERAL QUESTION
In which department is your college/school located?

Description

DEFINITION
Value format: code, code list can be found in the XLSX codebook under the tab "Departments". Link : https://data.unisante.ch/catalog/80/related-materials#tabs

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: List provided by the governement

DEPT_STUD: Department of studies

Data file: Individual-level surveys dataset

Overview

Valid: 75660 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
In which department is your college/school located?

Description

DEFINITION
Value format: text, list can be found in the XLSX codebook under the tab "Departments". Link : https://data.unisante.ch/catalog/80/related-materials#tabs

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: List provided by the governement

REGION_STUD: Region of studies

Data file: Individual-level surveys dataset

Overview

Valid: 75660 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Region of studies

Description

DEFINITION
Value format: text

Others

NOTES
Asked in survey wave(s): Screening survey

Reference/note: based on 2015 health survey

ENROL_MODE: Study mode

Data file: Individual-level surveys dataset

Overview

Valid: 75980 Invalid: 16
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
In which mode are you studying?

CATEGORIES

Value	Category	Cases	
1	In-person	54520	71.8%
2	Virtual or Remote	19300	25.4%
3	Blended learning (hybrid)	2160	2.8%

Others

NOTES
Asked in survey wave(s): Screening survey

ENROLLED_STILL: Enrolment status at follow-ups

Data file: Individual-level surveys dataset

Overview

Valid: 24944 Invalid: 51052
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Are you still enrolled in the same academic or vocational program as asked in the last survey?

CATEGORIES

Value	Category	Cases	
0	No	2750	11%
1	Yes	22194	89%

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 2 survey

NOT_ENROLLED: Reasons for no longer being enrolled

Data file: Individual-level surveys dataset

Overview

Valid: 2750 Invalid: 73246
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Why are you no longer enrolled?

CATEGORIES

Value	Category	Cases	
1	I changed program	308	11.2%
2	I graduated from the program	1557	56.6%
3	I temporarily interrupted my program	447	16.3%
4	I dropped out	204	7.4%
5	Another reason	234	8.5%

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 2 survey

Branching logic: if enrolled_still=0

NOT_ENROLLED_OTHER: Other reasons

Data file: Individual-level surveys dataset

Overview

Valid: 225
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Which one?

Description

DEFINITION
Value format: text

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 2 survey

Branching logic: if not_enrolled=5

GRADUATION_M: Graduation month

Data file: Individual-level surveys dataset

Overview

Valid: 800 Invalid: 75196
Range: 2 - 6 Format: Numeric

Questions and instructions

LITERAL QUESTION
When did you graduate or complete your academic program?

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 2 survey

Branching logic: if not_enrolled=2

GRADUATION_Y: Graduation year

Data file: Individual-level surveys dataset

Overview

Valid: 797 Invalid: 75199
Range: - Format: character

Questions and instructions

LITERAL QUESTION
When did you graduate or complete your academic program?

Description

DEFINITION
Value format: 2025

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 2 survey

Branching logic: if not_enrolled=2

END_MONTH: Interruption month

Data file: Individual-level surveys dataset

Overview

Valid: 381 Invalid: 75615
Range: 2 - 6 Format: Numeric

Questions and instructions

LITERAL QUESTION
When did you interrupt your academic program?

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 2 survey

Branching logic: if not_enrolled=[3,4]

END_YEAR: Interruption year

Data file: Individual-level surveys dataset

Overview

Valid: 380 Invalid: 75616
Range: - Format: character

Questions and instructions

LITERAL QUESTION
When did you interrupt your academic program?

Description

DEFINITION
Value format: 2025

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 2 survey

Branching logic: if not_enrolled=[3,4]

DROPOUT: Reasons for dropping out

Data file: Individual-level surveys dataset

Overview

Valid: 388 Invalid: 75608
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
What is the main reason for interrupting your studies?

CATEGORIES

Value	Category	Cases	
1	Economic reasons (e.g., financial constraints)	213	54.9%
2	Academic reasons (I do not enjoy my program, insufficient grades, etc.)	31	8%
3	Personal reasons (health issues, family issues, etc.)	124	32%
4	Adaptation reasons (e.g., institutional rules)	20	5.2%

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 2 survey

Branching logic: if not_enrolled=[3,4]

RETURN: Expectations about returning to academic program

Data file: Individual-level surveys dataset

Overview

Valid: 553 Invalid: 75443
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Do you expect to go back to an academic program?

CATEGORIES

Value	Category	Cases	
0	No	63	11.4%
1	Yes	337	60.9%
99	Don't know	153	27.7%

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 2 survey

Branching logic: if enrolled_still=0

GPA_INFO: Information about grade point average

Data file: Individual-level surveys dataset

Overview

Valid: 15054 Invalid: 60942
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Have you received all of your GPA for the current academic period?

CATEGORIES

Value	Category	Cases	
0	No	6432	42.7%
1	Yes	8622	57.3%

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 3 survey

Reference/note: Depending on the survey period, questions are framed slightly differently

GPA: Grade point average

Data file: Individual-level surveys dataset

Overview

Valid: 29478 Invalid: 46518
Range: 0.0 - 5.0 Format: Numeric

Questions and instructions

LITERAL QUESTION
BL+FU2: What was your academic average for the past semester?
FU1+FU3: What is your academic average for the current semester?

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Branching logic: BL: if enrol_type>2 & start_year<2025
FU1: if enrol_type>2 & gpa_info=1

Reference/note: Depending on the survey period, questions are framed slightly differently

EFFORT2: Educational investment

Data file: Individual-level surveys dataset

Overview

Valid: 34631 Invalid: 41365
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
BL+FU2: In the last academic period, how frequently did the following things occur?
FU1: This academic period, how frequently did the following things occur?
Question 2. I missed a few classes.

CATEGORIES

Value	Category	Cases	
1	Never	11035	31.9%
2	Almost never	13320	38.5%
3	Sometimes	8329	24.1%
4	Almost always	1367	3.9%
5	Always	580	1.7%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Branching logic: BL: if start_year<2025

Reference/note: Depending on the survey period, questions are framed slightly differently

GPA_CUM: Cumulative grade point average

Data file: Individual-level surveys dataset

Overview

Valid: 29374 Invalid: 46622
Range: 0.0 - 5.0 Format: Numeric

Questions and instructions

LITERAL QUESTION
BL+FU2: What was your cumulative academic average for the degree program as of the end of the past semester?
FU1+FU3: What is your cumulative academic average for the degree program as of the end of the past semester?

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Branching logic: BL: if enrol_type>2 & start_year<2025
FU1: if enrol_type>2 & gpa_info=1

Reference/note: Depending on the survey period, questions are framed slightly differently

GPA_EXP: Expected grade point average

Data file: Individual-level surveys dataset

Overview

Valid: 27601 Invalid: 48395
Range: 0.0 - 5.0 Format: Numeric

Questions and instructions

LITERAL QUESTION
What do you think your culutative academic average for the degree program will be as of the end of the current semester?

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Branching logic: BL+FU2: if enrol_type>2
FU1+FU3: if enrol_type>2 & gpa_info=0

Reference/note: Depending on the survey period, questions are framed slightly differently

GPA_CUM_EXP: Expected cumulative grade point average

Data file: Individual-level surveys dataset

Overview

Valid: 27640 Invalid: 48356
Range: 0.0 - 5.0 Format: Numeric

Questions and instructions

LITERAL QUESTION
What do you think your cumulative grade point average will be at the end of the current semester?

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Branching logic: BL+FU2: if enrol_type>2
FU1+FU3: if enrol_type>2 & gpa_info=0

Reference/note: Depending on the survey period, questions are framed slightly differently

COURSES_NB: Number of courses

Data file: Individual-level surveys dataset

Overview

Valid: 29776 Invalid: 46220
Range: - Format: character

Questions and instructions

LITERAL QUESTION
BL+FU2: How many courses or subjects did you take in the last academic period?
FU1: How many courses or subjects are you currently taking?

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Branching logic: BL+FU2: if enrol_type>2
FU1+FU3: if enrol_type>2 & gpa_info=0

Reference/note: Depending on the survey period, questions are framed slightly differently

COURSES_FAIL: Course failure

Data file: Individual-level surveys dataset

Overview

Valid: 29134 Invalid: 46862
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
BL+FU2: Did you fail any?
FU1: Are you failing any?

CATEGORIES

Value	Category	Cases	
0	No	22941	78.7%
1	Yes	6193	21.3%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Branching logic: BL: if enrol_type>2 & start_year<2025
FU1+FU2+FU3: if enrol_type>2

Reference/note: Depending on the survey period, questions are framed slightly differently

COURSES_FAIL_NB: Courses failure count

Data file: Individual-level surveys dataset

Overview

Valid: 6192 Invalid: 69804
Range: - Format: character

Questions and instructions

LITERAL QUESTION
BL+FU2: How many did you fail?
FU1: How many are you failing?

Description

DEFINITION
Value format: 1 to [max(courses_nb)]

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Branching logic: if courses_fail=1

Reference/note: Depending on the survey period, questions are framed slightly differently

COURSES_FAIL_SENA: SENA failure

Data file: Individual-level surveys dataset

Overview

Valid: 4887 Invalid: 71109
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
BL+FU2: Last academic period, have you been asked to take a plan de mejoramiento?
FU1: Have you been asked to take a plan de mejoramiento?

CATEGORIES

Value	Category	Cases	
0	No	4312	88.2%
1	Yes	575	11.8%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Branching logic: BL: if enrol_type<3 & start_year<2025
FU1: if enrol_type<3

Reference/note: Depending on the survey period, questions are framed slightly differently

HOURS_STUDY: Hours studied

Data file: Individual-level surveys dataset

Overview

Valid: 34665 Invalid: 41331
Range: 0 - 24 Format: Numeric

Questions and instructions

LITERAL QUESTION

BL+FU2: How many hours did you spend studying per day last academic period (Excluding attendance to classes, including only work at home, library or in study group)?
FU1: How many hours do you currently spend studying per day (Excluding attendance to classes, including only work at home, library or in study group)?

Others

NOTES

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Branching logic: BL: if start_year<2025

Reference/note: Depending on the survey period, questions are framed slightly differently

EFFORT1: Educational investment

Data file: Individual-level surveys dataset

Overview

Valid: 34631 Invalid: 41365
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION

BL+FU2: In the last academic period, how frequently did the following things occur?
FU1: This academic period, how frequently did the following things occur?
Question 1. I missed classes for a full week.

CATEGORIES

Value	Category	Cases	
1	Never	24516	70.8%
2	Almost never	6063	17.5%
3	Sometimes	2867	8.3%
4	Almost always	710	2.1%
5	Always	475	1.4%

Others

NOTES

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Branching logic: BL: if start_year<2025

Reference/note: Depending on the survey period, questions are framed slightly differently

EFFORT3: Educational investment

Data file: Individual-level surveys dataset

Overview

Valid: 34631 Invalid: 41365
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
BL+FU2: In the last academic period, how frequently did the following things occur?
FU1: This academic period, how frequently did the following things occur?
Question 3. I arrived late for classes.

CATEGORIES

Value	Category	Cases	
1	Never	10486	30.3%
2	Almost never	11547	33.3%
3	Sometimes	8492	24.5%
4	Almost always	3153	9.1%
5	Always	953	2.8%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Branching logic: BL: if start_year<2025

Reference/note: Depending on the survey period, questions are framed slightly differently

ACTIVITY: Main activity

Data file: Individual-level surveys dataset

Overview

Valid: 42769 Invalid: 33227
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
In the last month, what was the main activity you spend most of your time?

CATEGORIES

Value	Category	Cases	
1	Working (laboring)	10146	23.7%

2	Looking for a job	8995	21%
3	Studying	17050	39.9%
4	Household chores	4397	10.3%
5	Permanently unable to work (no more questions related to work)	105	0.2%
6	Other activity	2076	4.9%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Adapted from the Employment Graduate Survey of Colombia

WORKING: Paid activity

Data file: Individual-level surveys dataset

Overview

Valid: 42768 Invalid: 33228
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Last month, did you engage in any paid activity in the past month?

CATEGORIES

Value	Category	Cases	
0	No	28363	66.3%
1	Yes	14405	33.7%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Adapted from the Employment Graduate Survey of Colombia

ROLE: Role

Data file: Individual-level surveys dataset

Overview

Valid: 14405 Invalid: 61591
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
In that activity, what was your role?

CATEGORIES

Value	Category	Cases	
1	Private business employee	5996	41.6%
2	Government employee	243	1.7%
3	Self-employed	2790	19.4%
4	Entrepreneur/employer	286	2%
5	family business worker	1180	8.2%
6	other	3910	27.1%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Branching logic: if working=1

Reference/note: Adapted from the Employment Graduate Survey of Colombia

CONTRACT: Contract

Data file: Individual-level surveys dataset

Overview

Valid: 14404 Invalid: 61592
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Did your employment contract include social benefits?

CATEGORIES

Value	Category	Cases	
0	No	10396	72.2%
1	Yes	4008	27.8%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Branching logic: if working=1

Reference/note: Adapted from the Employment Graduate Survey of Colombia

HOURS_WORK: Hours worked

Data file: Individual-level surveys dataset

Overview

Valid: 14401 Invalid: 61595
Range: 0 - 80 Format: Numeric

Questions and instructions

LITERAL QUESTION
In the last month, on average, how many hours per week did you dedicate to this job?

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Branching logic: if working=1

Reference/note: Adapted from the Employment Graduate Survey of Colombia

INCOME: Income

Data file: Individual-level surveys dataset

Overview

Valid: 1100 Invalid: 74896
Range: - Format: character

Questions and instructions

LITERAL QUESTION
What was your labor income in the past month? (Include tips and commissions. Do not include overtime, travel expenses, or in-kind aid.)

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Asked in survey wave(s): Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Branching logic: if working=1 & not_enrolled>1

Reference/note: Adapted from the Employment Graduate Survey of Colombia

PLANS: Plans for the next period

Data file: Individual-level surveys dataset

Overview

Valid: 35178 Invalid: 40818
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
What are your plans for the next academic period?

CATEGORIES

Value	Category	Cases	
1	Continue my studies	29738	84.5%
2	Temporarily interrupt my program	1001	2.8%
3	Drop out.	222	0.6%
4	Graduate	4217	12%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

PLANS_EXP: Plans for the next academic period

Data file: Individual-level surveys dataset

Overview

Valid: 35171 Invalid: 40825
Range: 0 - 100 Format: Numeric

Questions and instructions

LITERAL QUESTION
On a scale of 0 to 100 where 0 is “not at all certain” and 100 is “absolutely certain”, what do you think is the probability that you will continue studying in the next academic period?

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

ODDS_FINISH: Likelihood to finish

Data file: Individual-level surveys dataset

Overview

Valid: 35171 Invalid: 40825
Range: 0 - 100 Format: Numeric

Questions and instructions

LITERAL QUESTION
On a scale from 0 to 100, how likely is it that you will complete the program in which you are enrolled?

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

EDU_ASP: Aspiration for highest degree

Data file: Individual-level surveys dataset

Overview

Valid: 35178 Invalid: 40818
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
If you could study as much as you wanted, what would be the highest level of education you would like to achieve?

CATEGORIES

Value	Category	Cases	
1	technologist	595	1.7%
2	technician	286	0.8%
3	professional technician	3632	10.3%
4	university professional	5224	14.9%
5	postgraduate: specialization	6884	19.6%
6	postgraduate: master's degree	18557	52.8%
7	postgraduate: doctorate	0	

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

JOB_6M: Likelihood to find a job

Data file: Individual-level surveys dataset

Overview

Valid: 35167 Invalid: 40829
Range: 0 - 100 Format: Numeric

Questions and instructions

LITERAL QUESTION
On a scale of 0 to 100, how confident are you that you will find any job within 6 months of graduation?

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

EARN_6M: Earning expectations post-graduation

Data file: Individual-level surveys dataset

Overview

Valid: 35169 Invalid: 40827
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Six month after graduation, how much do you think you could earn per month?

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

JOB_10YR: Long-term aspirations for dream job

Data file: Individual-level surveys dataset

Overview

Valid: 35169
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Now think about the future a little further ahead: the next 10 years... What job would you like to be doing (your dream job) IN 10 YEARS?

Description

DEFINITION
Value format: text

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

JOB_10YR_EXP: Long-term expectations for dream job

Data file: Individual-level surveys dataset

Overview

Valid: 35058 Invalid: 40938
Range: 0 - 100 Format: Numeric

Questions and instructions

LITERAL QUESTION
On a scale of 0 to 100, how confident are you that you will achieve your preferred/dream job in 10 years?

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

PATIENCE: Self-reported patience

Data file: Individual-level surveys dataset

Overview

Valid: 42392 Invalid: 33604
Range: 0 - 10 Format: Numeric

Questions and instructions

LITERAL QUESTION
How willing are you to give up something beneficial to you now in order to obtain greater benefits in the future?

Others

NOTES
Topic: Standardised instrument : Global Preference Survey (GPS)

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: Original instrument: Falk A, Becker A, Dohmen T, Enke B, Huffman D, Sunde U (2018). Global evidence on economic preferences. QJE 133(4):1645–1692. https://doi.org/10.1093/qje/qjy013
Colombina version: Falk A, Becker A, Dohmen T, Huffman D, Sunde U (2023). The Preference Survey Module: a validated instrument for measuring risk, time, and social preferences. Manag Sci 69(4):1935–1950. https://doi.org/10.1287/mnsc.2022.4455

TIME_DISC1: Preferences: time discouting

Data file: Individual-level surveys dataset

Overview

Valid: 42403 Invalid: 33593
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Suppose you were given the choice between receiving a payment today or a payment in 12 months. We will now present to you two situations. The payment today is the same in each of these situations. The payment in 12 months is different in every situation. For each of these situations we would like to know which you would choose. Please assume there is no inflation, i.e., future prices are the same as today’s prices. Please consider the following:
Would you rather receive 28.000 Pesos today or 43.100 Pesos in 12 months?

CATEGORIES

Value	Category	Cases	
0	Today	25456	60%
1	In 12 months	16947	40%

Others

NOTES
Topic: Standardised instrument : Global Preference Survey (GPS)

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Reference/note: At FU2, the questions were incentivized for a random sample of 10 respondents
Original instrument: Falk A, Becker A, Dohmen T, Enke B, Huffman D, Sunde U (2018). Global evidence on economic preferences. QJE 133(4):1645–1692. https://doi.org/10.1093/qje/qjy013
Colombina version: Falk A, Becker A, Dohmen T, Huffman D, Sunde U (2023). The Preference Survey Module: a validated

instrument for measuring risk, time, and social preferences. Manag Sci 69(4):1935–1950. https://doi.org/10.1287/mnsc.2022.4455

TIME_DISC2: Preferences: time discouting

Data file: Individual-level surveys dataset

Overview

Valid: 28133 Invalid: 47863
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Would you rather receive 28.000 Pesos today or 56.400 Pesos in 12 months?

CATEGORIES

Value	Category	Cases	
0	Today	19876	70.7%
1	In 12 months	8257	29.3%

Others

NOTES
Topic: Standardised instrument : Global Preference Survey (GPS)

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey, Follow-up 3 survey

Branching logic: if time_disc1=0

Reference/note: Original instrument: Falk A, Becker A, Dohmen T, Enke B, Huffman D, Sunde U (2018). Global evidence on economic preferences. QJE 133(4):1645–1692. https://doi.org/10.1093/qje/qjy013
Colombina version: Falk A, Becker A, Dohmen T, Huffman D, Sunde U (2023). The Preference Survey Module: a validated instrument for measuring risk, time, and social preferences. Manag Sci 69(4):1935–1950. https://doi.org/10.1287/mnsc.2022.4455

BSCS1: Self-control: Brief Self-control scale - I am good at resisting temptation.

Data file: Individual-level surveys dataset

Overview

Valid: 35063 Invalid: 40933
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs1_1. I am good at resisting temptation.

CATEGORIES

Value	Category	Cases	
0	Not at all	1126	3.2%
1	Slightly	5880	16.8%
2	Moderately	11237	32%
3	Much	12280	35%
4	Very much	4540	12.9%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS2: Self-control: Brief Self-control scale - I have a hard time breaking bad habit.

Data file: Individual-level surveys dataset

Overview

Valid: 35061 Invalid: 40935
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs2_1. I have a hard time breaking bad habit.

CATEGORIES

Value	Category	Cases	
0	Not at all	5430	15.5%
1	Slightly	10926	31.2%
2	Moderately	11076	31.6%
3	Much	5728	16.3%
4	Very much	1901	5.4%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS3: Self-control: Brief Self-control scale - I am lazy.

Data file: Individual-level surveys dataset

Overview

Valid: 35063 Invalid: 40933
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs3_1. I am lazy.

CATEGORIES

Value	Category	Cases	
0	Not at all	13234	37.7%
1	Slightly	11151	31.8%
2	Moderately	7085	20.2%
3	Much	2671	7.6%
4	Very much	922	2.6%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS4: Self-control: Brief Self-control scale - I say inappropriate things.

Data file: Individual-level surveys dataset

Overview

Valid: 35060 Invalid: 40936
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs4_1. I say inappropriate things.

CATEGORIES

Value	Category	Cases	
0	Not at all	8801	25.1%
1	Slightly	14180	40.4%
2	Moderately	7395	21.1%
3	Much	3449	9.8%
4	Very much	1235	3.5%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS5: Self-control: Brief Self-control scale - I do certain things that are bad for me, if they are fun.

Data file: Individual-level surveys dataset

Overview

Valid: 35062 Invalid: 40934
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs5_1. I do certain things that are bad for me, if they are fun.

CATEGORIES

Value	Category	Cases	
0	Not at all	13946	39.8%
1	Slightly	11810	33.7%
2	Moderately	5889	16.8%

3	Much	2572	7.3%
4	Very much	845	2.4%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS6: Self-control: Brief Self-control scale - I refuse things that are bad for me.

Data file: Individual-level surveys dataset

Overview

Valid: 35063 Invalid: 40933
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs6_1. I refuse things that are bad for me.

CATEGORIES

Value	Category	Cases	
0	Not at all	2354	6.7%
1	Slightly	4709	13.4%
2	Moderately	5033	14.4%
3	Much	12565	35.8%
4	Very much	10402	29.7%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in

Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS7: Self-control: Brief Self-control scale - I wish I had more self-discipline.

Data file: Individual-level surveys dataset

Overview

Valid: 35059 Invalid: 40937
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs7_1. I wish I had more self-discipline.

CATEGORIES

Value	Category	Cases	
0	Not at all	479	1.4%
1	Slightly	1475	4.2%
2	Moderately	3436	9.8%
3	Much	11538	32.9%
4	Very much	18131	51.7%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS8: Self-control: Brief Self-control scale - People would say that I have iron self-discipline.

Data file: Individual-level surveys dataset

Overview

Valid: 35060 Invalid: 40936
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs8_1. People would say that I have iron self-discipline.

CATEGORIES

Value	Category	Cases	
0	Not at all	2264	6.5%
1	Slightly	4513	12.9%
2	Moderately	9770	27.9%
3	Much	11841	33.8%
4	Very much	6672	19%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS9: Self-control: Brief Self-control scale - Pleasure and fun sometimes keep me from getting work done.

Data file: Individual-level surveys dataset

Overview

Valid: 35062 Invalid: 40934
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs9_1. Pleasure and fun sometimes keep me from getting work done.

CATEGORIES

Value	Category	Cases	
0	Not at all	13765	39.3%
1	Slightly	11086	31.6%
2	Moderately	6387	18.2%

3	Much	2778	7.9%
4	Very much	1046	3%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS10: Self-control: Brief Self-control scale - I have trouble concentrating.

Data file: Individual-level surveys dataset

Overview

Valid: 35059 Invalid: 40937
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs10_1. I have trouble concentrating.

CATEGORIES

Value	Category	Cases	
0	Not at all	5144	14.7%
1	Slightly	10930	31.2%
2	Moderately	9419	26.9%
3	Much	5845	16.7%
4	Very much	3721	10.6%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in

Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS11: Self-control: Brief Self-control scale - I am able to work effectively toward long-term goals.

Data file: Individual-level surveys dataset

Overview

Valid: 35062 Invalid: 40934
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs11_1. I am able to work effectively toward long-term goals.

CATEGORIES

Value	Category	Cases	
0	Not at all	736	2.1%
1	Slightly	2095	6%
2	Moderately	6113	17.4%
3	Much	13498	38.5%
4	Very much	12620	36%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS12: Self-control: Brief Self-control scale - Sometimes I can’t stop myself from doing something, even if I know it is wrong.

Data file: Individual-level surveys dataset

Overview

Valid: 35061 Invalid: 40935
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs12_1. Sometimes I can’t stop myself from doing something, even if I know it is wrong.

CATEGORIES

Value	Category	Cases	
0	Not at all	13875	39.6%
1	Slightly	13697	39.1%
2	Moderately	5080	14.5%
3	Much	1803	5.1%
4	Very much	606	1.7%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

BSCS13: Self-control: Brief Self-control scale - I often act without thinking through all the alternatives.

Data file: Individual-level surveys dataset

Overview

Valid: 35061 Invalid: 40935
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please indicate how much each of the following statements reflects how you typically are.
Bscs13_1. I often act without thinking through all the alternatives.

CATEGORIES

Value	Category	Cases	
0	Not at all	15098	43.1%
1	Slightly	12799	36.5%
2	Moderately	4913	14%

3	Much	1637	4.7%
4	Very much	614	1.8%

Others

NOTES
Topic: Standardised instrument : BSCS

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Tangney JP, Baumeister RF, Boone AL (2004). High self-control predicts good adjustment, less pathology, better grades, and interpersonal success. J Pers 72(2):271–324. https://doi.org/10.1111/j.0022-3506.2004.00263.x
Colombian validation: Rendón MI, Muñoz L, Jaramillo JM, Weis M (2021). Factor structure of the Brief Self-Control Scale in Spanish. Diversitas: Perspectivas en Psicología 17(1):3–20. https://doi.org/10.15332/22563067.6519

RISK: Preferences: risk aversion

Data file: Individual-level surveys dataset

Overview

Valid: 35062 Invalid: 40934
Range: 0 - 10 Format: Numeric

Questions and instructions

LITERAL QUESTION
On a scale of 0 to 10, where 0 means that you are “not willing to take risks at all” and 10 means that you are “very willing to take risks”, please tell us, in general, how much you are willing to take risks.

Others

NOTES
Topic: Standardised instrument : Global Preference Survey (GPS)

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Original instrument: Falk A, Becker A, Dohmen T, Enke B, Huffman D, Sunde U (2018). Global evidence on economic preferences. QJE 133(4):1645–1692. https://doi.org/10.1093/qje/qjy013
Colombina version: Falk A, Becker A, Dohmen T, Huffman D, Sunde U (2023). The Preference Survey Module: a validated instrument for measuring risk, time, and social preferences. Manag Sci 69(4):1935–1950. https://doi.org/10.1287/mnsc.2022.4455

BELIEF1: Beliefs on the effectiveness of psychological therapy

Data file: Individual-level surveys dataset

Overview

Valid: 35024 Invalid: 40972
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
How effective do you think psychological therapy is for improving mental health?

CATEGORIES

Value	Category	Cases	
0	Not at all	590	1.7%
1	Slightly	1766	5%
2	Moderately	5902	16.9%
3	Much	13517	38.6%
4	Very much	13249	37.8%

Others

NOTES
Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Acampora M, Capozza F, Moghani V (2023). Mental Health Literacy, Beliefs and Demand for Mental Health Support among University Students. Working paper.

BELIEF2: Beliefs on the effectiveness of the mental health digital app

Data file: Individual-level surveys dataset

Overview

Valid: 35024 Invalid: 40972
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
How effective do you think digital apps or platforms are for mental health?

CATEGORIES

Value	Category	Cases	
0	Not at all	2158	6.2%
1	Slightly	5914	16.9%
2	Moderately	12426	35.5%
3	Much	9070	25.9%
4	Very much	5456	15.6%

Others

NOTES

Asked in survey wave(s): Baseline survey, Follow-up 1 survey, Follow-up 2 survey

Reference/note: Acampora M, Capozza F, Moghani V (2023). Mental Health Literacy, Beliefs and Demand for Mental Health Support among University Students. Working paper.

EQ5D_MB_5L_COL_SPA: Mobility

Data file: Individual-level surveys dataset

Overview

Valid: 26065 Invalid: 49931
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please select the ONE box that best describes your health TODAY
MOBILITY
Due to copyright restrictions, the question and its answers cannot be posted here, but can be viewed on the official website : https://euroqol-domain.ams3.digitaloceanspaces.com/wp-content/uploads/2025/04/08035102/Sample_UK-English-EQ-5D-5L-Paper-Self-Complete-v1.3-ID-24700.pdf

CATEGORIES

Value	Category	Cases	
1	1	23929	91.8%
2	2	1594	6.1%
3	3	364	1.4%
4	4	61	0.2%
5	5	117	0.4%

Others

NOTES
Topic: Standardised instrument : EQ-5D-5L

Asked in survey wave(s): Baseline survey, Follow-up 3 survey

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Original instrument source: Herdman M, Gudex C, Lloyd A, et al. (2011). Development and preliminary testing of the new five-level version of EQ-5D (EQ-5D-5L). Qual Life Res 20(10):1727–1736. https://doi.org/10.1007/s11136-011-9903-x

EQ5D_SC_5L_COL_SPA: Self-care

Data file: Individual-level surveys dataset

Overview

Valid: 26065 Invalid: 49931

Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please select the ONE box that best describes your health TODAY.
SELF-CARE
Due to copyright restrictions, the question and its answers cannot be posted here, but can be viewed on the official website : https://euroqol-domain.ams3.digitaloceanspaces.com/wp-content/uploads/2025/04/08035102/Sample_UK-English-EQ-5D-5L-Paper-Self-Complete-v1.3-ID-24700.pdf

CATEGORIES

Value	Category	Cases	
1	1	24417	93.7%
2	2	1228	4.7%
3	3	276	1.1%
4	4	47	0.2%
5	5	97	0.4%

Others

NOTES
Topic: Standardised instrument : EQ-5D-5L

Asked in survey wave(s): Baseline survey, Follow-up 3 survey

Reference/note: The surveys used the official Colombian version on REDCAp. This codebook reproduced the UK version for the English translation: © EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation. UK (English) v1.0. Reproduction of this EuroQol instrument is not allowed. For use of this EuroQol instrument or any other EuroQol instrument, please submit a request by using the online registration page on www.euroqol.org
Original instrument source: Herdman M, Gudex C, Lloyd A, et al. (2011). Development and preliminary testing of the new five-level version of EQ-5D (EQ-5D-5L). Qual Life Res 20(10):1727–1736. https://doi.org/10.1007/s11136-011-9903-x

EQ5D_UA_5L_COL_SPA: Usual activities

Data file: Individual-level surveys dataset

Overview

Valid: 26065 Invalid: 49931
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please select the ONE box that best describes your health TODAY.
USUAL ACTIVITIES (e.g., work, study, housework, family or leisure activities)
Due to copyright restrictions, the question and its answers cannot be posted here, but can be viewed on the official website : https://euroqol-domain.ams3.digitaloceanspaces.com/wp-content/uploads/2025/04/08035102/Sample_UK-English-EQ-5D-5L-Paper-Self-Complete-v1.3-ID-24700.pdf

CATEGORIES

Value	Category	Cases	
1	1	20095	77.1%
2	2	4624	17.7%
3	3	1082	4.2%
4	4	189	0.7%
5	5	75	0.3%

Others

NOTES
Topic: Standardised instrument : EQ-5D-5L

Asked in survey wave(s): Baseline survey, Follow-up 3 survey

Reference/note: The surveys used the official Colombian version on REDCAp. This codebook reproduced the UK version for the English translation: © EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation. UK (English) v1.0. Reproduction of this EuroQol instrument is not allowed. For use of this EuroQol instrument or any other EuroQol instrument, please submit a request by using the online registration page on www.euroqol.org
Original instrument source: Herdman M, Gudex C, Lloyd A, et al. (2011). Development and preliminary testing of the new five-level version of EQ-5D (EQ-5D-5L). Qual Life Res 20(10):1727–1736. https://doi.org/10.1007/s11136-011-9903-x

EQ5D_PD_5L_COL_SPA: Pain/discomfort

Data file: Individual-level surveys dataset

Overview

Valid: 26065 Invalid: 49931
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please select the ONE box that best describes your health TODAY.
PAIN / DISCOMFORT
Due to copyright restrictions, the question and its answers cannot be posted here, but can be viewed on the official website : https://euroqol-domain.ams3.digitaloceanspaces.com/wp-content/uploads/2025/04/08035102/Sample_UK-English-EQ-5D-5L-Paper-Self-Complete-v1.3-ID-24700.pdf

CATEGORIES

Value	Category	Cases	
1	1	13945	53.5%
2	2	9154	35.1%
3	3	2407	9.2%
4	4	506	1.9%
5	5	53	0.2%

Others

NOTES
Topic: Standardised instrument : EQ-5D-5L

Asked in survey wave(s): Baseline survey, Follow-up 3 survey

Reference/note: The surveys used the official Colombian version on REDCAp. This codebook reproduced the UK version for the English translation: © EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation. UK (English) v1.0. Reproduction of this EuroQol instrument is not allowed. For use of this EuroQol instrument or any other EuroQol instrument, please submit a request by using the online registration page on www.euroqol.org
Original instrument source: Herdman M, Gudex C, Lloyd A, et al. (2011). Development and preliminary testing of the new five-level version of EQ-5D (EQ-5D-5L). Qual Life Res 20(10):1727–1736. https://doi.org/10.1007/s11136-011-9903-x

EQ5D_AD_5L_COL_SPA: Anxiety/depression

Data file: Individual-level surveys dataset

Overview

Valid: 26064 Invalid: 49932
Range: - Format: Numeric

Questions and instructions

LITERAL QUESTION
Please select the ONE box that best describes your health TODAY.
ANXIETY / DEPRESSION
Due to copyright restrictions, the question and its answers cannot be posted here, but can be viewed on the official website : https://euroqol-domain.ams3.digitaloceanspaces.com/wp-content/uploads/2025/04/08035102/Sample_UK-English-EQ-5D-5L-Paper-Self-Complete-v1.3-ID-24700.pdf

CATEGORIES

Value	Category	Cases	
1	1	10154	39%
2	2	10078	38.7%
3	3	4202	16.1%
4	4	1393	5.3%
5	5	237	0.9%

Others

NOTES
Topic: Standardised instrument : EQ-5D-5L

Asked in survey wave(s): Baseline survey, Follow-up 3 survey

Reference/note: The surveys used the official Colombian version on REDCAp. This codebook reproduced the UK version for the English translation: © EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation. UK (English) v1.0. Reproduction of this EuroQol instrument is not allowed. For use of this EuroQol instrument or any other EuroQol instrument, please submit a request by using the online registration page on www.euroqol.org
Original instrument source: Herdman M, Gudex C, Lloyd A, et al. (2011). Development and preliminary testing of the new

five-level version of EQ-5D (EQ-5D-5L). Qual Life Res 20(10):1727–1736. https://doi.org/10.1007/s11136-011-9903-x

EQ5D5L_VAS2_COL_SPA: General health

Data file: Individual-level surveys dataset

Overview

Valid: 26062 Invalid: 49934
Range: 0 - 100 Format: Numeric

Questions and instructions

LITERAL QUESTION
We would like to know how good or bad your health is TODAY.
You will see a scale numbered from 0 to 100.
100 means the best health you can imagine.
0 means the worst health you can imagine.
Please indicate on the scale how your health is TODAY.
0 (the worst health you can imagine - 100 (The best health you can imagine)

Others

NOTES
Topic: Standardised instrument : EQ-5D-5L

Asked in survey wave(s): Baseline survey, Follow-up 3 survey

Reference/note: The surveys used the official Colombian version on REDCAp. This codebook reproduced the UK version for the English translation: © EuroQol Research Foundation. EQ-5D™ is a trade mark of the EuroQol Research Foundation. UK (English) v1.0. Reproduction of this EuroQol instrument is not allowed. For use of this EuroQol instrument or any other EuroQol instrument, please submit a request by using the online registration page on www.euroqol.org
Original instrument source: Herdman M, Gudex C, Lloyd A, et al. (2011). Development and preliminary testing of the new five-level version of EQ-5D (EQ-5D-5L). Qual Life Res 20(10):1727–1736. https://doi.org/10.1007/s11136-011-9903-x

NB_ER: Number of inpatient and outpatient visits - Emergency room

Data file: Individual-level surveys dataset

Overview

Valid: 7216 Invalid: 68780
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service)
• Emergency room

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_AMB: Number of inpatient and outpatient visits - Outpatient/ambulatory consultation

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service)
• Outpatient/ambulatory consultation

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_PSY: Number of inpatient and outpatient visits - Psychiatric hospitalization

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service)
• Psychiatric hospitalization

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33.
https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_HOSP: Number of inpatient and outpatient visits - General hospitalization

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service)
• general hospitalization

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_DAY: Number of inpatient and outpatient visits - Day hospital

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service)
• day hospital

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_OTHER: Number of inpatient and outpatient visits - Other

Data file: Individual-level surveys dataset

Overview

Valid: 4795 Invalid: 71201
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used the following hospital services in the last 6 months? (Enter '0' if you have not used the service)
• Other

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33.
https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

INPATIENT_OTHER: Type of other inpatient and outpatient visit

Data file: Individual-level surveys dataset

Overview

Valid: 683
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Which other?

Description

DEFINITION
Value format: text

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_PRIM1: Number of primary care visits - Psychiatry

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service)
• Psychiatry

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_PRIM2: Number of primary care visits - Psychology

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service)
• Psychology

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33.
https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_PRIM3: Number of primary care visits - General Practice

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service)
• General Practice

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_PRIM4: Number of primary care visits - Nursing

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service)
• Nursing

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_PRIM5: Number of primary care visits - Social Work

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service)
• Social Work

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_PRIM6: Number of primary care visits - Occupational Therapy

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service)
• Occupational Therapy

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_PRIM7: Number of primary care visits - Home care

Data file: Individual-level surveys dataset

Overview

Valid: 7215 Invalid: 68781
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service)
• Home care

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33. https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

NB_PRIM8: Number of primary care visits - Other

Data file: Individual-level surveys dataset

Overview

Valid: 4893 Invalid: 71103
Range: - Format: character

Questions and instructions

LITERAL QUESTION
How many times have you used each of the following services in the last 6 months? (Enter '0' if you have not used the service)
• Other

Description

DEFINITION
Value format: 0 to max

Others

NOTES
Topic: Standardised instrument : CSRI

Asked in survey wave(s): Follow-up 3 survey

Reference/note: Client Service Receipt Inventory (CSRI) adapted to the Colombian context
Original version: Chisholm, D., Knapp, M. R. J., Knudsen, H. C., Amaddeo, F., Gaite, L., Van Wijngaarden, B. O. B., & EPSILON Study Group. (2000). Client socio-demographic and service receipt inventory–European version: Development of an instrument for international research: EPSILON Study 5. The British Journal of Psychiatry, 177(S39), s28–s33.
https://research.kent.ac.uk/corec/client-service-receipt-inventory-csri/

PRIM_OTHER: Type of other primary care visit

Data file: Individual-level surveys dataset

Overview

Valid: 683 Invalid: 0
Range: - Format: character

Questions and instructions

LITERAL QUESTION
Which other?

Description

DEFINITION
Value format: text

Others

NOTES
Asked in survey wave(s): Follow-up 3 survey

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